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循道中學

Methodist College

循道中學

Cultural Exchanges 2014-2015

Cultural Exchanges 2014-2015





Location	Incoming Activity
Denmark	AFS Intercultural Exchange Programme
Italy	
Malaysia	Malaysia Exchange Programme
Singapore	Singapore Exchange Programme

Location	Outgoing Activity
UK	Cambridge English Programme
	Immersion Programme to UK
Malaysia	Malaysia Exchange Programme (Focus on IT and Robotics)
Singapore	Immersion Programme to Singapore
China	Mainland Exchange Programme for Student Leaders
Australia	New Leadership Experience Exchange Programme in Australia—Embracing the City and the Country

Cultural Exchanges (2013-15)

As the Chinese saying goes, "Travelling ten thousand miles is better than reading ten thousand books." Students of Methodist College capitalized on various opportunities to take part in cultural trips and exchange tours abroad in a bid to broaden their horizons through exposure to different cultures.

本着「讀萬卷書，行萬里路」精神，透過校方提名或參加各項比賽，學生成功贏取參與海內外各項國情文化教育活動的機會，藉此觀摩交流，並得以擴闊視野和胸襟。2013-2015 兩學年本校學生參加的海外交流活動，計有以下各項：

Nation	Location	Activity	Date	Participants	Organizer
AUSTRALIA	Sydney, Melbourne	New Leadership Experience Exchange Programme in Australia—Embracing the City and the Country* 新領袖體驗計劃：環抱鄉城澳洲交流團*	13/2 – 20/2/2015 (9 days)	20 students of S1-5	Methodist College
CHINA	Beijing	Mainland Exchange Programme for Student Leaders 領袖生內地交流計劃	5 – 9/8/2013 (5 days)	1 student of S5	EDB
			20 – 24/4/2014 (5 days)	2 students of S5	EDB
			6/4 – 10/4/2015 (5 days)	3 students of S5	EDB
	Beijing, Neimenggu	Trip to Beijing & Neimenggu 北京內蒙文化交流之旅 2013	22 – 29/7/2013 (8 days)	2 students of S3	Junior Police Call (JPC), Police Public Relations Bureau (PPRB)
	Beijing, Tianjin	Beijing & Tianjin Study Tour* 北京天津城市規劃考察之旅	28/3– 1/4/2013 (5 days)	40 students of S4-5	Methodist College
	Nanjing	Trip to Nanjing 高校科學營——優秀高中生獎勵計劃	9 – 15 /7/2013 (7 days)	5 students of S4 & 5 students of S5	中國國家教育部及中國科學技術協會
			14–20 /7/2014 (7 days)	10 students of S4	中國國家教育部及中國科學技術協會
	Shanghai	Leadership Training to Shanghai* 《古往今來》上海新領袖訓練計劃	19– 23/12/2013 (9 days)	20 students of S1-5	Methodist College
Taipei	Trip to Taiwan* 台灣文化考察交流團	5 – 8/4/2013 (4 days)	28 students of S1-4	Methodist College	
Wuhan, Yichang	Trip to Wuhan and Yichang* 「同行萬里」 高中學生內地交流計劃	20/– 24/4/2014 (5 days)	10 students of S4-5	EDB	
MALAYSIA	Methodist Boys' Secondary School Kuala Lumpur	Malaysia Exchange Programme (Focus on IT and Robotics)	13–27/7/2013 (15 days)	4 students of S1 & 2 students of S3	Methodist College
			15 – 28/7/2014 (14 days)	5 students of S2	Methodist College
			16/7 – 27/7/2015 (12 days)	2 students of S3	Methodist College
SINGAPORE	Anglo-Chinese International School	Immersion Programme to Singapore	13 – 29/7/2013 (15 days)	3 students of S2 & 1 student of S1	Methodist College
			12– 28/7/2014 (17 days)	2 students of S2 & 2 students of S1	Methodist College
			14/7 – 30/7/2015 (17 days)	3 students of S2 & 2 students of S3	Methodist College
UK	Churchill College, Cambridge University	UK Cambridge English & Science Programme	28/7 – 10/8/2013 (14 days)	3 students of S3 & 2 students of S4	Cambridge English & Science Programme
			27/7 – 10/8/2014 (15 days)	1 students of S2	Cambridge English & Science Programme
			2/8 – 15/8/2015 (14 days)	1 students of S2	Cambridge English & Science Programme
	Woodhouse Grove School, Bradford	Immersion Programme to UK	20/6 – 5/7/2013 (16 days)	3 students of S4 & 1 student of S5	Methodist College
			20/6 – 2/7/2014 (13 days)	1 student of S4 & 1 student of S5	Methodist College
			24/6 – 7/7/2015 (14 days)	4 student of S5	Methodist College
USA	USA	Leadership Training to USA* 「向世界出發」新領袖體驗計劃	7 – 15/2/2013 (9 days)	20 students of S1-5	Methodist College

* Trips escorted by our teachers



Words from the Principal

I am proud to present to you this booklet which is in its 6th year of publication.

This is a time when our world seems to be increasingly stricken with turmoil, racial strifes and ideological conflicts, while here at home Hong Kong is facing increasing divide and social disharmony. Methodist College, as a school built on the love of Jesus Christ, sees our role of bringing peace and understanding to this world as ever more important.

School is the miniature of society where students learn to find their own strengths and appreciate differences. By both reaching out into the world and bringing the world into the College, we hope that, through all these lively intercultural experiences, our students will grow up with increased self-understanding as well as knowledge of the world. Through interacting first-hand with youths from different parts of the world, they will become worthy global citizens of the future.

Experiences that stay only in one's memory may last, but experiences that are shared leave a greater impact. I have read with profound interest and enjoyment the reflections written by the students. I hope you will find this a good read too!

Emily Wong Pui Yi
Principal



Reaching Out to the World

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Bringing the World into the College

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Reaching Out to the World

New Leadership Experience Exchange



Programme in Australia

— Embracing the City and the Country

Targets

Student Committee members and potential student leaders

Destination

Australia (Sydney and Melbourne)

Period

13-21 Feb 2015

Organizer

Methodist College (ECA Committee)

Participating Teachers

Miss Lee Wai Sum, Miss Lee Wai Sze,
Mr. Ho Hei Yeung

Number of participating students

20



Australia! We are coming!

	Student Name	Class		Student Name	Class
1	Law Lok Chi	1B	11	Yeung Wing Ying	3W
2	Fong Chun San	2B	12	Kwok Man Yi	4B
3	Wong Chi Hin	2B	13	Tse Yau Wai	4B
4	Leung Chik Ting	2G	14	Wong Yin Lam	4B
5	Liu Wing Sze	2R	15	Sheung Chuen	4R
6	Lau King Hei	3G	16	Tang Ho Cheung	4R
7	Fung Wui Ki	3G	17	Yiu Ho Yeung	4R
8	Hui Hoi Lam	3G	18	Lau Kai Hin	4W
9	Liu Wing Chin	3R	19	Li On Ni	5G
10	Chan Chun Hei	3W	20	Liu Miu Lan	5G



Itinerary

Date	Activities
12 th February 2014	Departure to Melbourne
13 th February 2014	Immigration Museum Flinders Street Station State Library of Victoria Southern Cross Station Yarra River
14 th February 2014	Amazing Race with school alumnus
15 th February 2014	Lessons at St. Andrew's Christian College Alumnae home visit Group presentation Monash University Workplace visit (Tofu factory) Church Worship (Eastern Chinese Baptist Church) Dinner with alumni and church people
16 th -17 th February 2014	Farm Stay (till 17 th morning)
17 th February 2014	Departure to Sydney University of Sydney Circular Quay Bondi Beach China Town
18 th February 2014	Mercy Catholic College Sydney Fish Market Workplace visit(property company) City Exploration
19 th February 2014	Blue Mountain (Three Sisters, Sublime Point, Hotel Management School) Jenolan Caves China Town
20 th February 2014	Sydney Wild Life Zoo Group Design Itinerary Departure to HK



This is the most relaxing moment we have ever had...

Ada Liu 5G

Leadership training is one of the important extra-curricular activities in our school. To reach this goal, our school holds different types of leadership training annually. One of them is the Overseas Leadership Training Program. We, students, can broaden our horizon by visiting places like Taiwan, Singapore, USA and Shanghai. This year, we had our training in Australia.

The country is full of beautiful scenery, as well as fabulous architecture. We saw many exquisite old buildings along the main roads. When we strolled on the streets, people walked around and spoke different languages. We soon learned that Australia is a multi-cultural country. There is Korea Town, China Town, Greece Street, all you can name. This is a country with many races and cultures!



Students doing presentation at high school



We became good friends on the trip

During our trip in Melbourne and Sydney, we met new friends and “old” friends-our alumni! We had meals and chats with them. Not only did their generosity impress us but also their enthusiasm about the school was heartwarming. Decades after they had graduated, their memories about Methodist College have never faded. Notwithstanding their hectic schedule, they still joined our tour and helped



Singing school song with alumnus.

us. Gratitude about Methodist College was what they showed us. We had such a great time with them. We felt so touched, especially from meeting someone with a connection to a foreign country.

Good leaders are capable of solving problems. More importantly, they are able to put their feet in others’ shoes. We had group activities during the trip; we often had disagreements, even arguments. After some days, we learnt to be tolerant and open-minded members. These valuable experiences are something that cannot be found in textbooks. We were grateful to experience what true leadership is.



In the woods



Our alumni in Sydney treated us to a great meal



The Monash University



領袖生內地交流計劃

——探索科技發展之旅

對象：具領導潛質的中五學生
(全港 100 名)

地點：北京

日期：2015 年 4 月 6 至 10 日 (5 日)

交流學校：北京航空航天大學，
北京市中關村中學

費用：全免

主辦機構：香港教育局

參與學生：區宇恒、李子麟、霍俊丞
(中五青班)

活動目的

- 一、增強學生的領袖才能；
- 二、拓展學生的視野；及
- 三、加強學生對國情及國家發展的認識。

行程

日期	活動
三月二十一日	領袖訓練及簡介會
四月六日	抵達北京 參觀鳥巢、水立方及國家大劇院 入住酒店 小組討論及分享
四月七日	到訪北京航空航天大學 小組討論及分享
四月八日	參訪中關村中學 參觀中國科學技術館 小組討論及分享
四月九日	參觀北京汽車博物館 參觀北京市規劃展覽館 參觀中國鐵道博物館（正陽門館） 全體分享會
五月十六日	「領袖生內地交流計劃」成果分享會



學習重點

項目	內容	學習重點
課堂學習	◇ 專題講座（共兩場）	◇ 認識國家在航空／航天科技的發展 ◇ 了解科技對國家可持續發展的影響
參觀學習	◇ 參訪一間大型的高科技生產企業	◇ 認識不同企業如何應用科技，取得成就，及其對民生的影響 ◇ 了解不同企業如何配合國家在可持續發展上的方向，及其取得的成就和所面對的挑戰 ◇ 了解科技人才的培訓
	◇ 參訪一所與航空航天相關的博物館／控制中心	◇ 認識國家在航空航天科技的發展 ◇ 認識現代科技在航空航天科學上的應用 ◇ 了解航空航天高科技成果的推廣應用
	◇ 參觀北京汽車博物館／北京規劃展覽館	◇ 了解汽車製造的歷史和科技，以及對經濟、社會及環境的影響 ◇ 了解北京市如何應用不同科技，在可持續發展上取得的成效，如垃圾處理、水循環利用、節能低碳建築等
	◇ 參觀中國科學技術館	◇ 認識古代中國的科技發展 ◇ 了解現代科技的應用及其對民生的影響 ◇ 了解科技發展對國家可持續發展的成就和挑戰
	◇ 外觀鳥巢、水立方及國家大劇院	◇ 認識國家在建築科技取得的成就
交流體驗	◇ 與北京的大學及中學生交流	◇ 了解大學如何培訓科技人才 ◇ 了解大學生的科研成果及方向 ◇ 了解北京學生在科技教育方面的學習情況 ◇ 就學員擬定的研習主題與北京學生作交流，幫助學員在北京進行研習
小組分享	◇ 晚上進行小組分享會	◇ 讓學員總結學習心得及與其他組別的學員交流
專題研習	◇ 題目自訂	◇ 結合在香港的培訓及內地的交流活動，學員須就學習主題以小組形式協作完成專題研習報告。



學生感言



霍俊丞（後排左四）與組員於鳥巢留影

這次的領袖生北京交流計劃對我們第十三組而言，實在獲益匪淺。

一連五天的參訪令我們見證國家在建設上的躍進，了解科技如何與建築糅合，彰顯中國人的智慧。無論是舉世矚目的鳥巢，還是揚名四海的水立方，都讓我們沒齒難忘。走訪不同範疇的博物館以後，我們更了解到祖國在科技的發展歷程上是怎樣循序漸進，屢建創舉。高速發展數十載絕非一蹴

而就之事，尤

其是祖國在航天方面的發展，若非祖國自改革開放後積極培訓專才，默默耕耘，今天我們也不會看見祖國的綜合國力日漸攀升，不會找回對祖國應有的歸屬感和自豪感，更不會有參與這次交流團的機會。

霍俊丞 中五青班



霍俊丞：「那日，北京航天航空大學的大道上，陽光明媚，空氣清新。」



霍俊丞（左五）與組員於北京現代汽車公司留影



霍俊丞（左一）
於分享晚會分享

所以，這次交流讓我們對祖國的認知更為充實。還有，與北航大學及中關村中學的同胞會面後，我們醒覺原來內地有更多優秀而勤奮的學生將所有時間投放在學習上，與他們相比，我們自慚形穢。所以，我們矢志要學習同胞們，寓「航天精神」於學習生涯，從此不問學校、社會以及國家能夠給予甚麼，而是捫心自問，自己能作多少貢獻。



李子麟（右二）與組員於鳥巢留影



李子麟於前門大街留影

李子麟 中五青班

「好累啊！」這大概是我在行程中最常說的一句話，一日內參觀數個博物館實在讓人吃不消。縱使行程緊密使人疲累，即使晚上回到酒店亦不能休息，要匆匆忙忙地準備最後一日的簡報分享，我們也確實獲益良多。從外觀壯觀的鳥巢和水立方，我們能從中見證到祖國一日千里的建築技術，更能看到設計者如何將中國獨特的文化與建築融和。從參觀各式各樣的博物館，能令我認識到祖國科技發展的歷程，明白到一路以來中國在科技上的成就和所面對的挑戰，加深了我對祖國的認識。從與當地學生的交流當中，我發現他們不僅上課時十分專心，學習態度更十分認真，上課時更十分積極躍躍地回答問題，令我自愧不如。最後，從專家們的分享當中，我認識到



李子麟（左四）與組員於
北京鐵路博物館外留影



李子麟（右二）
於分享晚會匯報



科技對於國家的發展尤為重要，科研人員即使遇到危難時仍處變不驚，緊守崗位，這種敬業樂業和為國家奉獻的精神更令我深表佩服。



區宇恒（右一）與組員於北京鐵路博物館留影

另外，對於航空航天大學戚院士的講座特別印象深刻。他提到了自強不息的航天科研精神讓我有很大的觸動。科技發展一日千里，雖然西方科研界崇尚學術交流，但真正頂尖的科技，定不會與他國交流分享。就如一些先進的環保技術，都必須要靠自己研發。中國近年來在這方面投放了重大的資源和心血，在太陽能等方面有了一定的成就。然而，卻未能打造出自己國家出色的汽車品牌，也不能自製巨型飛機空中巴士（按中國已於 2015 年 11 月 2 日發布成功自製 C919 大型客機，乃是我國首款按照最新國際適航標準研製的幹線民用飛機），這都與缺乏相關先進技術有關。所以，每個研究者，都不能依賴其他人，科研技術掌握在自己手裏，才是自己的。院士語重心長的訓誨，讓我們心領神會。

區宇恒 中五青班

首先，十分感謝北京航空航天大學志願學生的親切接待和照顧，還有中關村中學的同學也十分友善，交流中我收穫良多，如關於內地的科技教育情況，他們的科學理想也對我啟發良多。還有同組的組員，他們的陪伴和講解令整個交流學習生色不少。此外，還有整整五天一直照顧我們的導遊，他貼心的照顧和精心的安排，令我們整個行程少了許多勞苦，多了許多歡笑和休息時間。



區宇恒與關中村中學同學留影



區宇恒（右四）與組員在天普太陽能公司留影



區宇恒（後排左二）與組員於北京科技展覽館留影



Reaching Out to the World

Malaysia Exchange Programme 2015

(Focus on IT and Robotics)

Targets

Form 1 and Form 3 students

Destination

Kuala Lumpur, Malaysia

Period

16-27 July 2015 (12 days)

Host school

Methodist Boys' Secondary School, Kuala Lumpur (MBSSKL)

Host family

Mr Loo, Mr Ng

Participating students

Leung Wing Ki Ricky, Ng Ho Kit Simon (3W),

Organizer

Methodist College

Ricky Leung 3W

This summer, Simon Ng and I spent 12 days (16/7 to 27/7) at Methodist Boys' Secondary School Kuala Lumpur (MBSSKL) for the Malaysia Exchange Programme 2015.

Malaysians

Malaysians are friendly and caring.

On the first day we arrived in Kuala Lumpur, I was surprised that the principal himself came to the airport to pick us up. Then, we had a lunch together with the PTA members. We talked about the culture of both Hong Kong and Malaysia.



Food

The food of Malaysia is different from that in Hong Kong. Most of the food is spicy. Our host family and auntie Catherine took us to eat a lot of special and delicious food.

There are 2 kinds of food that I liked the most, which we don't eat in Hong Kong. One is Bak Kut Teh. It is a Chinese soup popularly served in Malaysia and Singapore. It is made of herbs and spareribs. It is delicious, has a special taste and we can have it with rice. The second one is called La Si Ni A Ma. It is a kind of Indian food. It is rice with coconut milk and goes with fried dried fish, peanuts, chilli and eggs. Although it is spicy, it is really delicious.



Having lunch with Auntie Catherine



Bak Kut Teh



La Si Ni A Ma

Education

On the first school day, I had to wake up at about 5:30 am in the early morning. I was so exhausted that I could hardly stand during the morning assembly. However, after going to school for a few days, waking up early wasn't a problem anymore.

The subject that I liked the most was PE. During the lessons, we could choose to play badminton, football or basketball. Simon and I chose to play basketball with our classmates. I enjoyed playing basketball and was delighted and overjoyed to have the chance to play.



The environment of MBSSKL is very nice. MBS has a large school campus. There are a lot of plants, plenty of classrooms, a big football court, a badminton court, and a lot of other facilities. I think students can learn well because of the good environment.

Now I would like to comment on some differences between Methodist College and MBSSKL.

Methodist College starts at 8:05 and ends at 3:45, while MBSSKL starts at 7:00 and ends at around 2:00. There are 5 lessons on a day with 65 minutes each at Methodist College, while there are 9 lessons a day with 40 minutes each at MBSSKL. There is a recess after each lesson at Methodist College, but there is only one recess at MBSSKL each day. During recess, most students go to the canteen and buy something to eat, while some of them stay in the classroom to do their homework. Every Friday in MBSSKL, the school will end earlier at 12:30 as the Muslims need to worship in the afternoon of each Friday.



Last day of school 27/7



Host Family

My host family members are Uncle Wong, Auntie Elly, Jun How Wong, and Pei Nin Wong. They are nice and caring. They treated me as their son and brother. They prepared a lot of food for me, talked with me, and took me to many special places in Kuala Lumpur, such as a museum in a bank, KLCC, the court of Kuala Lumpur, etc. They also took me to go swimming and ice-skating. I have never gone ice-skating before, and it was a wonderful experience for me.

Auntie Elly is very nice. Even though I have returned to Hong Kong, she still talks with me and cares about me. I am really moved.

They gave me a wonderful trip and let me have unforgettable memories.



A photo with my host family



The Court of Kuala Lumpur



Ice-skating



Auntie Catherine is a member of PTA. She is very nice. She took us to eat a lot of delicious food. She brought us to a very beautiful place called Kuala Kubu Bharu (KKB). She knew that I like eating durians, so she brought me to a shop to eat them.



Eating durian



A photo taken in KKB

My Friends

We met our friends who had been to Hong Kong for an exchange programme before. They brought us to many places too.



Wearing masks in a Science museum



Outside a shopping mall called PAVILION

Conclusion

Malaysia is a very good place; people are nice. I look forward to travelling to Kuala Lumpur again. Thank you so much to everyone who took care of me. I miss you all.



Simon Ng 3W



This is Bak Kut Teh, a very local Malaysian food

From July 16 to July 27, Ricky Leung and I participated in the Malaysia exchange programme. It was a fabulous experience for both of us.

The school we went to was Methodist Boys' Secondary School Kuala Lumpur (M.B.S.S.K.L.), which is a really nice school. The students there are talkative and enthusiastic so we made friends with them very easily. One of them is called Shak Hill. He is the most talkative guy I have ever met and he is also really funny. He always brought laughter to us.

Some of the subject content was quite different from that in Hong Kong. For example, in Malaysia, we needed to learn the terms for the body's muscles in P.E. lessons. Comparatively speaking, their Mathematics curriculum is much easier than ours, so it was not a problem for us to attend those lessons.

For me, the food in Malaysia is much more delicious than that in Hong Kong. It is also much cheaper. On the whole trip, I spent less than half of the money I brought, and that already included the costs for buying souvenirs!

During the trip, we just went to school for four days because our stay fell into their festival holidays. So we were able to visit many places and attractions, such as the Sphinx Square, the Malaysia Court, the Malaysia National Bank Museum, the Botanic Garden, a chocolate factory, and of course, the Twin Towers.

All in all, we enjoyed the trip very much, and we look forward to visiting the country again in the future.



The Sphinx Square



An outing at a reservoir



The Botanic Garden



Enjoying ourselves in a swimming pool



The Twin Towers



A chocolate factory



The Malaysia National Bank Museum



Immersion Programme to Singapore

Targets

Junior forms

Destination

Singapore

Period

14 -30 July,2015(17 days)

Host School

Anglo-Chinese School
International, Singapore

Host family

Sunny(Year 2)'s ,
Nicole(Year 3)'s
Marcus(Year 2)'s and
John(Year 2)'s Families

Participating Students

Luo Dan Fang Xuan 2R

Kwok Sin Yee 2W

Wong Sum Hang 2W

Cheung Tsz Fung 3B

Wong Ching Jodie 3R

Fee

Fully Sponsored by Ms. Sito Fund
Scholarship and MCMS Scholarship

Organization

Methodist College



Our sincere thanks to Ms Stacey and Ammon for picking us up at the airport



What a hot and exhausting day!



Thanks all ambassadors for planning the whole trip for us

Reasons for joining the programme:

Wong Ching Jodie 3R

Joining this programme can definitely let me know more about culture and how to interact with people around the world. Since the host school is an international school, teachers and students there are from different countries, such as India, Korea and Japan etc. Therefore, I wanted to seize this precious opportunity to make new friends. More than that, I wanted to grab this chance to know more about Singapore by exploring the scenic spots of Singapore with local friends. As an old saying goes, "To kill two birds with one stone". When there was an opportunity that I could make new friends and know more about Singaporean culture, it was surely worth going. For this reason, I joined this programme and I will never regret joining it.



The school campus of ACS



Wong Sum Hang Sam 2W

I think that exploring the world and experiencing different cultures is critical to our studies and social skills. Joining this program allows me to interact with people around the world and share my thoughts with them. This broadens my knowledge of the world.



We had lunch with Miss Koh and her kids on the first day



We learned a lot and tried good food in Little India

Cheung Tsz Fung Andy 3B

I want to expand my horizons and also experience the school life in other places.

Kwok Sin Yee Gichelle 2W

Since I've never joined any exchange programme before, I would like to take this as a brand new experience. Also, knowing more about the culture of Singapore was also one of the reasons, for example, their food, customs and their education system. What's more, I could meet new friends there. It is also a great chance to have fun because we can go to different tourist spots in Singapore.



Jodie is performing with her classmates during drama lesson



Nice day with the ambassadors at Chinatown

Luo Dan Fang Xuan Jessie 2R

Since Singapore is an incredible city just like Hong Kong, I want to see the differences between Hong Kong and Singapore in terms of education, architecture and the people. It's also the first time I have the chance to travel by myself. I want to be more independent and mature. Moreover, ACS is an international school. I can make friends with students who come from different countries. It has always been my dream to know friends from all over the world. All in all, the main reason why I want to participate in this immersion programme is to widen my horizons.



The vice principal (front left), the principal (front middle) and Ms Koh (front right) were so nice to us!



A visit to Universal Studios with the ambassadors and local friend



Itinerary

Date	Activities	Place/Remarks
14 th July 2015	Depart from Hong Kong Lunch with Ammon (ambassador in charge) and Miss Stacey Dinner with Madam Koh and ambassadors	Changi Airport
15 th July 2015	School(8am-3:15pm) Exploration around the school with ambassadors	Holland Village
16 th July 2015	School (8am-3:15pm) Jodie: Outing with local students and visit to Anglo-Chinese School (Barker)	Botanic Gardens
17 th July 2015	Outing with ambassador and local students	Chinatown Dhoby Gauht Malay Market Bugis Street
18 th July 2015	Homestay	Jodie: St. Andrew Church Peranakan Museum National Library Anglo-Chinese School (Junior) Gichelle and Jessie: Somerset Hawker Centre Orchard (movie watching) Andy: National Stadium Sam: City Harvest Church
19 th July, 2015	Homestay	Jodie: Botanic Gardens Bishan Orchard Somerset



Date	Activities	Place/Remarks
19 th July, 2015	Homestay	Gichelle and Jessie: Hawker Centre Raffle Places Andy: Alexandra Arch NUSS Sam: Wild Wild Wet
20 th July, 2015	School(8am-3:15pm)	
21 st July, 2015	School(8am-3:15pm)	
22 nd July, 2015	School(8am-3:15pm)	
23 rd July, 2015	School(8am-3:15pm)	
24 th July, 2015	School(8am-3:15pm) Co-curricular Activities (3:30pm-4:30pm) Meeting with Hong Kong teacher	Chipbee Gardens
25 th July, 2015	Open House Outing with ambassadors	Little India Somerset Orchard
26 th July, 2015	Outing with ambassadors	Lau Pa Sat Clarke Quay Gardens by the Bay Marina Bay Sands
27 th July, 2015	Outing with ambassadors and local students	Universal Studios Siloso Beach Skyline and Luge Vivo City
28 th July, 2015	School(8am-3:15pm)	
29 th July, 2015	School(8am-3:15pm) Meeting with Madam Koh	
30 th July, 2015	School(8am-12nn) Depart from Singapore	



Reflection and Learning

Knowledge of self

Wong Ching Jodie 3R

Throughout this programme, I have learnt how to be a leader. Being chosen to be the leader, I had the responsibility to take care of my friends. Whenever we encountered any problems, good communication skills and a strong analytical mind were required, because I had to discuss the ways of tackling the problems with others and think sensitively to solve everything, which meant I had to be resourceful as well. Being given this chance to take care of my friends, my communication skills have greatly improved. I found that I did possess the ability to sort out all the problems that came up.

Wong Sum Hang Sam 2W

Through this immersion programme, I learnt how to be an independent person by learning to do things by myself, without any help. I also learnt more about team work since sometimes we needed to separate our jobs such as doing research and communicating with other people. It also honed my communication skills since I needed to communicate with my classmates in different languages, such as Putonghua and English. During the trip, we faced a lot of difficulties, such as getting lost. Therefore, my problem-solving skills have also been greatly nurtured. I truly think that these abilities will be put into good use in both my studies and daily life.



Gichelle and Jessie had a great time with Nicole and her family in the two days of homestay



Cheung Tsz Fung Andy 3B

I have learnt how to manage myself. In our hostel, no one was there to help us do everything, like our parents. I have learnt time management, so that I won't be sleepy but be energetic to attend the lesson the next day.

Kwok Sin Yee Gichelle 2W

For a girl who doesn't have many chances to travel around the world like me, this is a brand new experience for me. The trip required us to take care of ourselves, especially in Oldham Hall. Having no adults around me, I have become more independent. The trip also provided a chance for me to meet new people and improve my communication skills in making more friends. It helps me now, and will also in the future. As I have mentioned, students in ACS come from a variety of countries. It taught me how to communicate with people from different countries and cultures.

Luo Dan Fang Xuan 2R

No matter from which aspects, I found myself more knowledgeable and independent in the eye-opening 17 day trip to Singapore and ACS International.

I finally got the chance to know how international schools' students have their lessons. It's just like having lessons in a college. Since we changed our classrooms frequently, I got lost once and that was super awkward. Fortunately, I got myself familiar with this kind of system with my dear buddy Maria's help.

Also, as teachers and parents were not by our side, we have to take care of ourselves. Getting up at 6.20am every morning, using washing machines, buying dinner and breakfast, doing all these kinds of things with no one to count on but us. If one of them goes wrong, others will be affected.

As I mentioned before, the trip was short, but meaningful. You got to know the difference between the education in Hong Kong and Singapore. Moreover, you have to handle every unexpected thing all by yourself. That is why I found the trip memorable.



Knowledge of the World

Wong Ching Jodie 3R

I was thrilled that I was given the opportunity to study in an international school because I could gain knowledge and make new friends with different educational and cultural backgrounds. Though the students in ACS all came from different countries, they get along well with one another, which impressed me a lot. Interacting with them, I have known more about cultures of different countries, which is something I cannot find in books. As an old saying goes, "Travel makes a wise man better, but a fool worse." Therefore, I was jumping for joy that I could grab this chance to communicate with friends from all over the world and learn something new and interesting.

Wong Sum Hang Sam 2W

The one unique thing about international schools is that there are people from different countries. I learnt that people who have different beliefs, people who speak different languages and people from different races can still get along well together. We just need to be considerate and caring when interacting with others.



The class that I was in is so caring and considerate



Reflection on life and personal goals

Wong Ching Jodie 3R

Life begins at the end of my comfort zone and this programme was definitely a new challenge for me. Over these 17 days, I had to be decisive about making my own choices and doing everything by myself because I was in a foreign country without my parents. I was so satisfied that I could be more mature and independent without seeking others for help and relying on them. For example, I am able to wash my clothes by myself now. I promise that when I return home, I will help my parents to wash clothes so that their workload will be reduced. Apart from this, I have also learnt to be dedicated and self-motivated in classes, since students in Singapore study very hard and try their very best to strive hard for their goals. It was worthy of my appreciation. Not only have I gained knowledge in lessons, but I also learnt the right attitude of learning and the ways of taking good care of myself. In my opinion, this programme was truly a rewarding, beneficial and brilliant one.



Andy's host family



Jodie and her helpful buddy, Mona



Cheung Tsz Fung Andy 3B

The life in Singapore is really different from Hong Kong. We don't have our parents there, so we have to manage ourselves. No one will wake us up in the morning and no one will cook the food we love to eat. My personal goal is to try every kind of food in a foreign country.

Kwok Sin Yee Gichelle 2W

With all the opportunities that the school has given to me, and from what I have learnt or gained on this trip, I hope the communication skills I have learnt can be useful later on when I meet new people, and the new knowledge from Geography and Science lessons can be a guide for my lessons in F.3. The independence that I have learnt can certainly help my personal growth.



*Jodie and Madam Koh,
the teacher in charge*



*Andy and his classmates, including
his buddy Pascal*



The host family of Jodie



Sam and the president of Ambassadors, Kyohei



Sam's host family

Wong Sum Hang Sam 2W

These 17 days passed very quickly but there were lots of things that have become important in my life. Although the competition in Singapore is not as keen as that in Hong Kong, students still worked very hard in lessons and they studied in the library after school. I think this is something we should look up to. Besides studying, people in Singapore are very disciplined. Unlike in Hong Kong, where some people ignore signs such as no food and drinks, Singaporeans obey signs and rules as they respect their country very much. I think we should learn to obey rules and signs as much as they do. During the trip, lots of ambassadors, teachers and the school helped us out a lot. In life, lots of people help us with no reward. I think we should learn to appreciate them since I think appreciation is very important in our social life. I think this programme let me broaden my horizons to understand the true meaning of life.

Luo Dan Fang Xuan 2R

Apart from knowledge I learned at school, I also gained a lot in daily life. I rely less on my mom and dad. They no longer need to remind me about what to do next cause I learned to plan things during this trip. Moreover I will cherish friendships better than before. I definitely hope I can join an exchange programme again in the future. Also, my four friends and I will always remember the precious time we had with each other.



Immersion Programme to the UK

Targets

Senior form students

- Enhancing communication skills in the English language
- Building up independence
- Having a taste of UK's school life and learning atmosphere

Destination

Woodhouse Grove School, Bradford, UK

Period

24 June to 7 July 2015 (14 days)

Participating Students

Lai Man Sum Shelia 5B

Man Shi Chung Oscar 5G

Chow Kit Ching Hillary 5G

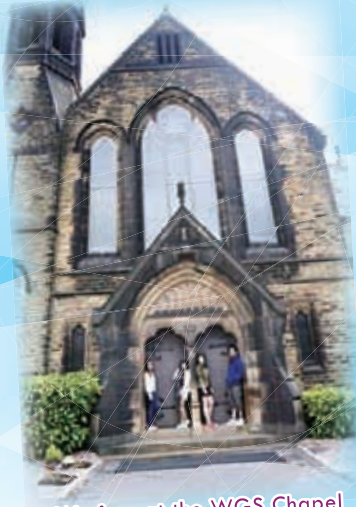
Tong Ka Ngai Candy 5R

Organizer

Methodist College

Fee

Nil (all expenses fully sponsored by the Miss Helena Sito Education Fund)



We four at the WGS Chapel



Selfie with my whole class of Geography students



Itinerary

Date	Activities	Place / Remarks
23-24/6	Departure from Hong Kong Tour of the school with local students with Raymond Rest in the boarding Houses (Miller and Broadwell)	Hong Kong, Amsterdam, UK (Woodhouse Grove School)
25/6	First School Day	Woodhouse Grove School
26/6	Second School Day After-lesson activity : Walking a path located next to a beautiful farm near the school	Woodhouse Grove School
27/6	Morning pack-up and photo taking around the school, visit to the school chapel – Entering the campsite (Bramhope) Set up camps, Go-karts racing and Obstacle course, Marshmallows heating near the campfire and hot chocolate, with a ghost story telling session from Mrs Vernon and teachers	Bramhope, UK
28/6	Leave the campsite Brunch at school Set off to Leeds for sightseeing and shopping by taking a local bus with our buddy, Keith	WGS
29/6	Normal Lesson Day Off for a walk, visiting the local supermarket and post office	WGS
30/6-2/7	Normal Lesson Day	WGS
3/7	Outing with Mr. Simon Vernon and HK boarder Raymond to Saltaire visiting a museum Set off to Ilkley for sightseeing (train station)	Saltaire, Ilkely
4/7	Prize Day of WGS and Sports Day of WGS	WGS
5/7	Taking a train for sightseeing in the small city York via Leeds Visited the York Minster	York, Leeds



Reflection and Learning

Shelia Lai 5B



My roommate, Doris Jovovic. She's the sweetest girl on earth.

Not only did the environment in the UK fascinate me, the people there amazed me even more with their passion for learning. As there is a “prep time” for the students to finish their homework and research, students pay full attention in their study and do extra research, according to their own interests. They love their homework. Quoting my roommate, “You know, we always do research and long reports. But the thing is, we enjoy every bit of it. I love essays, and the feedback from teachers is just very encouraging and allows you to know how to do better next time.” I was totally shocked after hearing this, while she returned to her pile of History books on her study desk. Their learning attitude is appreciable, and I see how I could learn to benefit myself in the future.

Since we four had to set ourselves on such a long trip far away from home, we never knew what we would encounter during the trip, and it was up to us to decide for ourselves how to handle and cope with the obstacles we might encounter. Since we knew nothing about the new place we were going to be in, we might panic, like a baby without a mother, clueless and helpless. But eventually, we succeeded in showing ourselves what we are capable of and how worthy the trip is in shaping us to be who we are. During our flight transfer in Amsterdam, our luggage unfortunately failed to catch up with our



Me at York Minster



flight, since our flight from Hong Kong to Amsterdam was delayed. After a long trip, it was sad to hear that our luggage would not arrive for at least 2 days. However, we tried to do the follow-up work at the airport without assistance. Although it was not a pleasant experience for the first day of arrival, we could sense



At the HK airport, setting off to the UK.

a change in ourselves. And I could sense myself becoming a more confident, active and outgoing person, and not to mention becoming more independent. This further developed during our stay in WGS, while we communicated with foreigners. I had a very precious experience with my roommate, Doris, too. It's definitely amazing to chat with a person with a completely different cultural background, while having similar interests and tastes in books. We once chatted until 2 a.m. in the morning, and I could not believe I had chatted for 4 hours all in English. It was an unforgettable and valuable experience.

The world is much bigger than you could have ever imagined. However, in Woodhouse Grove School, you could meet multi-national students, from Romania to Montenegro. The education system and the learning atmosphere there are completely different from those in Hong Kong. The students are very active in class, and here's a fun fact: If you don't try to ask any questions or answer any of the teachers' questions, it will be taken as a lack of participation in class. Teachers there welcome you to ask all the questions you want, and are pleased to give you all the time you need if you are an active student that is hoping to learn. In the dining hall, teachers and students are separated, since the concept of social status in the UK is very obvious. It took me to a whole new level of learning in this new environment, and I acquired new knowledge each and every day.



It is a sad thing to think that my roommate and I might just never meet again, and that I will not be able to step in the school again. I am sure I will miss the large grass fields and the kindness of the people in the United Kingdom. After this trip, I found myself becoming a newly shaped person, as I discovered new aspects of my personality, which I could not see while I was in Hong Kong. The weather, the people and the time there let you enjoy everything in life, unlike the emphasis on speed in Hong Kong.



My Geography teacher and me

I did not use my headphones for a whole week because I didn't feel the need to, and I was not always stuck to gadgets. I could sleep on the soft grass and gaze up to the sky, feeling the gentle breeze brushing my cheeks all afternoon, with a drink in hand, chatting with my friends. I became bubbly, open-minded and showing the best of myself. Enjoyable and relaxing, that's how I would conclude my trip. In the future, I hope to use this new side of me, with my improved English proficiency in my school life making me a more modest person, while sharing how merrily my trip excited me in these 14 days. But most importantly, knowing how to relax is one of my biggest harvests from this trip.



Photo with Raluca Ciofu, Candy's roommate, who took care of us so well



A stylish shop at Saltaire Mill

Oscar Man 5G

“Thanks”, “Morning”, “Cheers”... These are the words I heard the most during my trip to the UK. It was only the first day I arrived, but the people there had already impressed me with their friendly attitude. And after two weeks of this experience, I know the UK did not disappoint me one bit. During this trip, I've learned something very important but is absent from textbooks.

Warm temperature with breezes blowing occasionally, and there are mountains with buildings full of British style surrounding the school. “Serene” is the first word that sprung into my mind. It is no wonder why the British people are so nice and helpful. I mean, with such a relaxing pace of life, who would feel grumpy all the time and not sit down and have a nice cup of tea? I loved to ramble through different fields and lanes after school every day. It is frankly quite hard for me to be so relaxed in Hong Kong. I really treasured the moment when I was walking



The inside of York Minster



Campfire with marshmallows



Pizza time during camping



on the promenade. Maybe this quiet and comfortable environment is what HK students lack, to provoke their innovative ideas.

Apart from the environment, the education system in the UK also surprised me a lot. Unlike Hong Kong, where few students answer questions for fear that their classmates will make fun of them, UK students are more

than willing to answer questions raised by the teachers. I saw one poster in the classroom with this quote: "it is not the answer that tells me you are learning, but your questions". Not only do those inspiring quotes encourage students to ask, but there are also quotes that tell students to dare to fail and dare to make mistakes. At that moment, I started to realize the real meaning of learning. We fall, we learn, and we improve, don't we? Also, the UK students seem to dislike sitting in the chair all day. Field trips and group activities are more of their favourites.



One lovely teacher from my English literature lesson Another lovely teacher from my English literature lesson



A great place to take a stroll after school



A relaxing path near the school



Buskers adding colour to the street of Leeds

I was proud of myself as I was proactive enough to get the application form to apply for the programme in the beginning. If not, I would not have had so many magnificent experiences. I realize that chances are always there. It is only about how bold you are to grasp them. Your horizons will be broadened because of your daring attitude but not by just sitting in the classroom. There will hardly be any excitement in your life if you always stay in your comfort zone. Step out and we can see how big and profound the world is. And by doing so, I got to see how beautiful the UK is.



A visit to the United Reformed Church in Saltaire

to speak my second language, English, more often. Traveling to the cultural museums, I realized how limited my horizons were. Infected by the foreign students' enthusiasm in learning, I determined to imitate their attitude of learning – being more attentive and passionate.

This UK Immersion Program is definitely an eye-opener for me. Apart from attending school lessons, we travelled to places like Saltaire, York and Leeds to explore the British culture. We were fascinated to have a taste of their culture in such aspects as food, religion, architecture, values and beliefs. From those precious adventures, not only did I broaden my horizons, but I also learnt to embrace cultural diversity. Only by stepping out of our comfort zone can we challenge our limits and deepen our insight.

Not only did this precious trip broaden my horizons and let me know myself better, but it also gave me enlightening lessons on life and

Hillary Chow, 5G

This amazing trip to the UK was a golden opportunity for me to explore my interests and challenge my limits. Experiencing the lessons of new subjects like English Literature, Psychology, Politics and Drama, I discovered my interest towards Psychology. Communicating with the locals, I summoned my courage



The Principal of WGS, Mr. Humphrey, gave us a warm welcome

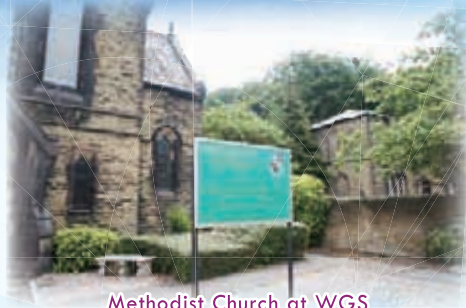


The main entrance of WGS



Reaching Out to the World

personal goals. Realizing how big the world is, I learnt that we have to be bold to try something new. Otherwise, our world will just be limited to the small place we live in. Only by daring to meet new friends and experience exotic culture can I shape a better me – one who is wiser and more mature.



Methodist Church at WGS



We are having a delicious lunch with Mr. Vernon, the teacher who took care of us, in Saltaire

After having lectures on the new subjects in WGS, I have a clearer picture of my future. Before this trip, under the enormous pressure from schoolwork, I did not really know my direction, such as what career I am going to have in the future. What made up my life in the past was just study. Nevertheless, to my surprise, this trip has lit up my way like a lamp in the dark. Contrary to the students in Hong Kong, the students there had great aspirations. Yes, we need not be influenced by society to be what we do not want to be. Why not follow your interests and dream big? I, therefore, determined to strive for my academic excellence in order to pave my way to being a psychologist.



We are enjoying the mesmerizing campus



We are enjoying the mesmerizing campus



An amazing view in Saltaire



Candy Tong 5R



Raluca, the best roommate ever

This is not a story, but the real experience of a short, shy form-five girl's trip to the UK.

"I got my ticket for the long way round." Have you ever travelled without an adult? Simply you yourself go for a trip with your friends. It seems quite free, right? But, you are expected to take good care of yourself during the visit and to be adaptable to the new surroundings. Not a problem for you, right? How about if it's the first time you have done a flight transfer? How about if it's the first time you have lost your luggage? How about if it's the first time sharing a room with a foreigner? The girl experienced lots of her "first time"s there.

Breakfast, lessons, lunch and lessons. After supper, gym, the sky, grass. That's the everyday routine. Boring but relaxing. Simple but beautiful. Until the last day...

"When I'm gone, you gonna miss me when I'm gone." The girl and her roommate, Raluca sang these lyrics together in the room. That night, they didn't sleep as they didn't know whether they would meet each other again or not. Their room was full of mixed feelings. They hugged each other after the girl gave her a card. A thank you card? A goodbye card? She didn't know, but they recognized it as their keepsake.

"Goodbye."

"Goodbye."

The trip ended, but she has grown up. By studying Politics, her interest in global issues as well as general knowledge is enhanced. Knowing what is going on in other parts of the world instead of simply focusing on Hong Kong is the first step



Four of us support each other during the trip



A train station



Reaching Out to the World



Costa, this brand is more popular than Starbucks in the UK

to look wide. By studying there, she learnt the true way of learning through the classmates' passion. The learning attitude was the thing that she had not seen in Hong Kong. Maybe Hong Kong is too exam-oriented; working hard just for the exams and for good results. But

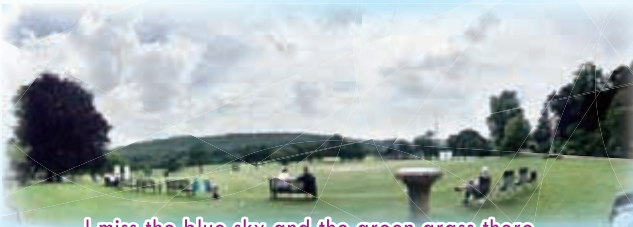


Oh, it is the last Psychology lesson. I wanna study this subject in HK

in the UK, the students are motivated to learn something that is beyond the scope of the exam. A lesson is like a big group discussion. The students are all passionate to voice out their opinion, totally different from ours in HK. She really learnt a lot from them.

Self-care, treasure and passion; that's what she has learnt and will utterly apply to her life. Will she become a better person? Probably yes.

The article ends here, but some things never end.



I miss the blue sky and the green grass there



My first meal in the UK :)

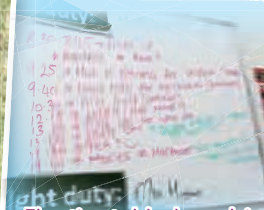


The middle one is the boarding building. I love its style



Two simple questions:

1. Have you ever seen a bright sky at 9:05pm in HK?
2. Can you lie on the grass comfortably in HK?



The timetable board in our boarding house



To be honest, I miss my dorm room:(and my roommate;)



Cambridge Programme 2015

Destination

Cambridge, England

Period

2 – 16 August 2015 (15 days)

Host school

Churchill College

Subject

Academic English

Participating students

Chloe Tang, Sabrina Wong (2W)

Reasons for Joining the Programme

Being in Britain has been our aspiration since childhood. The fact that Great Britain, which was a very strong and mysterious empire in the past, motivated us to explore this country profoundly. Therefore, this programme helped us to understand Great Britain more precisely.



This is the main entrance of Churchill College



Punting in River Cam



Itinerary

Date	Activities
2/8	Arrive at London Heathrow Airport
3/8	Lessons Introduction to Cambridge Walk to King's College Chapel
4/8	Visit Shakespeare's Globe Theatre, Tate Modern and British Museum
5/8	Lessons Group photo Punting on River Cam Supervision BBQ
6/8	Visit Houses of Parliament Watch "The Phantom of the Opera"
7/8	Lessons Supervision Debating in Cambridge Union
8/8	Lessons Meeting Author Ian Whates Visit Grantchester Watch Shakespearean Play "Macbeth"
9/8	Lessons Choral Evening Song at St. Giles Church Shakespeare Drama Workshop
10/8	Lessons Supervision Study Skills Workshop Mentors' Talk on "Study in Cambridge or Oxford"
11/8	Oxford Visit Burns' Night Supper
12/8	Lessons Interview Workshops
13/8	Lessons at Fitzwilliam Museum Group Presentation
14/8	Lessons Lecture on History, Culture & Etiquette Music Concert Formal Dinner
15/8	Shopping In Cambridge Lunch with Mentors in Cambridge Departure in Heathrow Airport
16/8	Arrival in Hong Kong



Most Impressive Moments

Sabrina Wong, Chloe Tang 2W



This is our mentor, Rebecca.

During this Cambridge Programme, we did gain a lot of unforgettable memories but the most impressive moments were watching “The Phantom of the Opera” and “Macbeth” in King’s College Garden. Have you ever been to a 300 year- old theatre in Hong Kong? We’re sure that there isn’t one, but in Britain, there are a lot of them, such as Her Majesty’s Theatre, which was built in London. When we got there, the outside of the building was exquisite and we both were absolutely enchanted by what we had seen. Besides the look of the theatre, the performance and the sound effects were very splendid too! Since the sound effects were quite exaggerated, they made us somehow feel tremulous during the musical. We loved it very much, from the beginning to the end of the performance.

Apart from the well-known musical drama, we also watched “Macbeth” the tragic Shakespearean play. Since the drama was performed at night, it was quite cold during the performance. However, the weather didn’t kill our enthusiasm but in fact made us more eager for the show. Our hearts were totally seized by the tension and excitement during the show. We were impressed by how the actors brought out their characters’ personalities, being a sinister person, etc. It was a precious opportunity to sit on the lawn of King’s College Garden to enjoy the drama.



Friends we made in the Cambridge Programme



Reflection On Learning

Throughout the precious trip to Cambridge, we have learnt and gained different life experiences and seen a multifarious array of learning methods. It is patently obvious and well-known that westerners have a fun learning process, as students are encouraged to enjoy learning rather than force the knowledge into their brains.

The learning system in Cambridge is really comfortable and nice as students were given opportunities to experience learning through outings, appreciating artworks and writing poems under shades of green. Apart from that, the small learning group is also an advantage as it would be easier for students to question their teachers when they have doubts. Thanks to the well-arranged English lessons of the programme and some additional talks on training our learning skills, our academic English has shown improvement as we were asked to write daily journals, commenting on British politics and histories (writing skills notably). The supervision from our dear mentor helped us a lot to acknowledge some of our common mistakes and encouraged us to look deeper in some argumentative topics, which were really interesting and debatable, too.

Lastly, we would like to thank the director of the programme, Mrs. Clarke for bringing us such a well-scheduled experience, and especially to our knowledgeable mentor, Rebecca. They both are really friendly and all-rounded, often pleased to teach us about history of Britain during sightseeing, which made us gain so much literary and historical knowledge from them.

We would sincerely recommend this programme to any of you who are interested in English literature and history, as it is a precious opportunity to broaden your horizons, to learn about this exquisite country, England, in a way that you would never regret.



Welcoming exchange students into Methodist College

We are fortunate to have had exchange students staying with us for various lengths of time. Elouise and Luca, from Denmark and Italy respectively, have spent a whole year here at Methodist College. Additionally, we have hosted six Malaysian students from Methodist Boys' School Kuala Lumpur and five students from Anglo-Chinese School (International). What a great chance for us to enjoy cultural diversity.

Exchange Programme	Nation		Period	Exchange Destination	Host school
AFS Intercultural Exchange Programme (high school)	Denmark	Italy	August 2014 - June 2015	Hong Kong	Methodist College
Malaysia Exchange Programme (by Methodist College)	Malaysia		10 - 24 November, 2014		
Singapore Exchange Programme (by Methodist College)	Singapore		14-18 March, 2015		



Bringing the world into the College

AFS Intercultural Exchange Programme (high school)

Nation	Denmark	Italy
Exchange Student	Elouise Winkler Moreno Twose (Elo)	Gianluca Luvara
Host Class	4W	4B
Period	August 2014–June 2015	
Host school	Methodist College	



Luca and his host family for his host grandpa's birthday



Exchange students stand next to the principal, introducing themselves in the school assembly

Luca 4B (from Italy)



Luca and his classmates at sports day



Elouise Winkler Moreno Twose (ELO) 4W (from Denmark)



Me, Queenie, Vinci and Maggie right after coming second in a race on sports day

In Denmark, we say that the more fun you have, the faster the time goes, and that's true for my one-year stay in Hong Kong as an exchange student. I wish I had more time here or that the time had gone slower so that I would have had more time to really appreciate all the special moments in Hong Kong.

Unluckily, my time here is almost over and I really feel sad knowing that I am going to leave my life, host family and friends here.

I have had an amazing experience and have grown so much personally since the moment I set foot here in Hong Kong. Due to the cultural differences between Denmark and Hong Kong, life was at times a bit challenging but I was so lucky to have met some wonderful people at school and outside, who had the patience to explain to me what was happening.

I would like to mention some of the most eye-catching differences between Hong Kong and my home country.

The three most obvious differences are the living space, school life and the way of hanging out with friends or having events in general.

Firstly, the living conditions are different as there is a lot less space here and the flats are a lot smaller. This is surprisingly



Me and my friend, Maggie



I am enjoying lunch with friends at a local restaurant



Bringing the world into the College

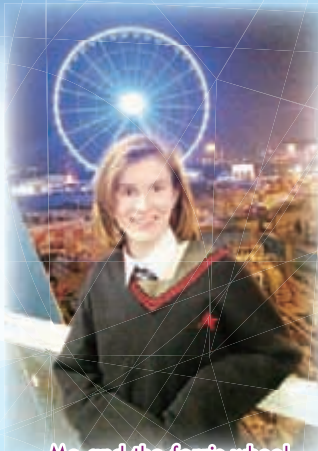
a thing I really like about living here, as it has brought me and my host family very close together.

The school life is also very different from what I was used to. For starters, we don't have uniform in Denmark and can wear whatever we like, but I have come to love my school uniform very much because of the spirit and uniformity it represents. For me, the uniform is more than just a piece of clothing. It represents my friendship with my dear friends and all the good times that I have experienced at Methodist College.

In Denmark when I go out with my friends, it's not as much going out as going in, as we mostly stay indoors at someone's home and relax, while here in Hong Kong, we never sit still but go out for trips or at least go outside the house whenever we meet.

I have come to love this place and the life I live here so much. I will miss Hong Kong and its people so badly when I'm back in Denmark.

I would like to end by saying thank you to all the people I have met here. It has really been memorable and I will never forget you. I would also like to thank the people who made it possible.



Me and the ferris wheel



Me and my friend, Katie



Me and the school taekwondo team that I joined

Bringing the world into the College



Me and my exchange student friends together with my classmates in Tap Mun



Last day

My school day



My class, 4W

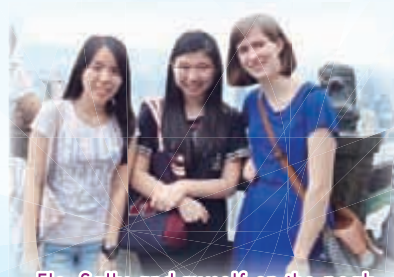


Reflections From Classmates

Chelsia Chan 4W

This has been a really fantastic year for me with Elo being my friend. I am honored to be her buddy and be able to help an exchange student!

I felt nervous when I first saw Elo because I seldom got the chance to chat with a foreigner. I was also afraid that she would laugh at my English. However, Elo is very nice, and she was eager to introduce her own country, Denmark, to us. I now know more about Denmark's culture and cuisine, as well as its education system.



Elo, Sally and myself on the peak

One thing that impressed me was the Christmas cookies she made for us. They were very delicious. The cookies are called Brankager, which are made with cinnamon, five kinds of spice and cloves. They are different from the cookies we often eat in Hong Kong. They are rather hard to chew but the taste was very nice! Another interesting fact I learned was about the popular butter cookies brand in Hong Kong called Kjeldsens. Elo told us she had never heard of that brand, and we all started to wonder if those cookies are actually made in Denmark.



She is a good friend of mine

Elo also shared her school life with us. She said that she could wear pajamas to school in Denmark, which was unbelievable to us. I think our class would be jealous if they know about that! I introduced our culture to her too. I introduced the unique HK cuisine to her and she loved those kinds of food very much.

We had a lot of fun this year, and I will never forget the time that Elo sat beside me and chatted with me for the whole day. I hope Elo will visit Hong Kong again, as she is always welcome!



Mandy Lau 4W



Me and Elo on sports day

Ten months is a short time, but it can still be exceptionally memorable.

Elo is a girl from Denmark, who came to Hong Kong for the first time as an exchange student studying in Methodist College. Although I do not study with her in the same class, she still talks to me and plays with me. I have had a wonderful time with her over the past ten months. She is

a kind, helpful and outgoing girl. Because of her, this year has been the best year in my life so far.

Elo helped me a lot. She always gave me advice on my spoken English. Although my oral English is not very good, she would wait patiently until I completed the whole sentence. Sometimes, she asked us to teach her Cantonese and she also taught us Danish. She is a good learner, and her Cantonese is much better now. From her, I knew much more about Denmark, such as the school life, culture and people.

We went to many places such as Cheung Chau and Ha Pak Nai, which are beautiful and awesome. We had fond memories and a great time at those places.

I know that my heart will be broken when I see her leave. You have no idea how much I am going to miss her. Our friendship is the best thing that has ever happened to me. Talking to her made me smile and meeting her set me free.

Elo, I will miss you from the bottom of my heart. Goodbye, my friend. Let's keep in touch.

Sally Lai 4W

I was shocked when I heard we were going to have another exchange student this year, especially when she was going to be one of my classmates.

We were so shy when we first met and we didn't even know what to say. However, we became friends after we got along with each other. We can talk about almost everything we want. It's really amazing.

Elo is very nice to us. She made us some traditional Danish cookies for Christmas as a gift and she designed a unique signature of hers for everyone. We also tried a Danish dessert that we were obsessed with. It was slightly bitter, so at first, we found the taste rather bizarre, since it was the first time we had tried that kind of food.

I thought she was quiet and reserved, but instead she is an active girl. She loves outdoor activities, particularly hiking. She rides a bicycle to and from school every day. She loves to try everything that she has never done. That's out of my expectation!

She loves to watch horror movies but at the same time she was scared of watching them. Once, we watched the movie "Annabelle" at the cinema and she was horrified by the demon that creeps out and she screamed out loud. Although most people are used to that kind of horror scene already, she was still scared when we talked about that after the film.

Elo, I hope you will always remember you belong to our class, 4W. I miss you so much!



I got to know several other foreign friends because of Elo



She is a good friend of mine

Bringing the world into the College



Methodist Boys' Secondary School

Kuala Lumpur (MBSSKL) Student Visit

Name of student From Malaysia	Host Family MC student	Host Class	Period	Host School
Isaac Lee Jun-Jiet	3R Chow Hin Yat Isaac	3R	10 - 24 November 2014	Methodist College
Soh Jen Yang	2R Lung Ki Lai			
Yong Juin Xing	2W Wong Tak Ching			
Chia Zheng Xi	3W Tsui Ka Hong	3W		
David Brain Leong Retna Nric	3W Yip Hoi Shun			
Ng Yun Han	1B Lai Long Sing Alexander			

Background Information

Methodist College is fortunate to have exchange students from different parts of the world staying with them at various times during the school year. We had six Malaysian students – six Form 3 boys – from the Methodist Boys' Secondary School Kuala Lumpur (MBSSKL) who spent two weeks with us from 10th November 2014 to 24th November 2014. They studied in our College and stayed in host families. The programme was not only a rewarding experience for the Malaysian students, but also a good opportunity for our students to get along with students from different cultural backgrounds.



Sharing of exchange students from Malaysia

Chia Zheng Xi

Doing a study exchange is really an unforgettable experience for a secondary student, both for the learning process and the broadening of horizons.

It is the first time for me to participate in a trip to Hong Kong on an exchange programme for 14 days. On the first day in Hong Kong, I met my host family. They were so friendly and accepted me into their lives straight away. My host brother,



Me and the badminton team of Methodist College

who is from Methodist College, is incredible and was so helpful when I first arrived. I felt as if I belonged in the family, no longer an outsider.

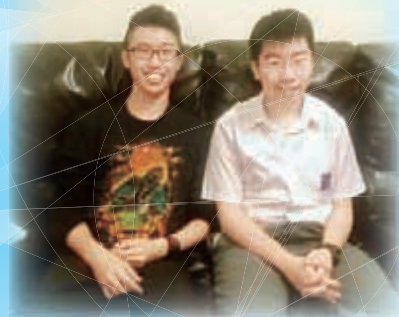
The next day, my host brother brought me to Methodist College. We met our buddies and also made some new friends. Everyone in the school was very friendly, although we were all wearing different uniforms.



All the exchange students and the teacher who picked us up at the airport

We were not the only exchange students here, there were some other students from different countries too.

It is so convenient in Hong Kong. I can go anywhere by public transport. The facilities in Methodist College were also quite impressive. The teaching styles were a bit different from those in Malaysia, but the lessons were still awesome.





I am really grateful to have had the chance to participate in this exchange programme. I met so many great people here, and this is definitely one of the best experiences of my life. Last but not least, I would like to say THANK YOU to all the teachers, friends and my host family for taking good care of me. THANK YOU.



Isaac & David Bryan

On the 6th of November, I arrived in Hong Kong at the Hong Kong International Airport. Taking part in the foreign student Exchange Programme, I felt a tad bit nervous, since it was my first time to travel alone in a foreign country. Upon arrival at Methodist College in the District of Kowloon, the Principal came out and met us. I dare say that she made a very good impression of herself as the principal of the school. After the introductions, I was informed that I had been assigned to Class 3R, effective the following day. My buddy was a rather well-behaved prefect, Woody Cheung Chun Lam, and my host was Isaac Chow.

After the school hours on that day, I was brought to the basketball court by my host and buddy. I certainly did notice the difference in the atmosphere in Hong Kong, compared to Malaysia. We played basketball for a while and then headed home our separate ways. The majority of Hong Kong is like a concrete



jungle, much like Kuala Lumpur, but there is a huge difference that anyone would notice, that is the behaviour of people. Unlike in Malaysia, the people of Hong Kong are more open-minded, compared to Malaysians. As I was walking home, I could see people on the streets discussing their own political views and sharing opinions, something that a lot of Malaysians will discredit you for - voicing it out in public as freedom of speech is not really practiced in Malaysia.

The following day, my host, Isaac Chow, woke me up at 7:20am. At that time in Malaysia, I would already be in school, singing the national anthem. I took the underground rail system to the school and upon arrival, climbed the somewhat steep hill into the school campus. The first time I stepped in to the classroom I could see that Malaysian and Hong Kong students are somewhat two different worlds. The students in the class of 3R are very friendly, much like Malaysian students. However, the huge difference was how loudly students speak in class. The class was definitely lively, no doubt about that. Not so long afterwards, Mr. Ngai, who is the Class teacher and the Mathematics teacher of class 3R, entered the class. He is quite a friendly person, whenever I came across any problem in my Additional Maths revision, he would give me some tips on how to solve the question. There are a number of things here which are different from the school in Malaysia. For example, students here have three recesses and lunchtime each day, but in Malaysia, students only have a mere 20 minute break and we can only have lunch after school, at 3pm. All in all, Hong Kong students' school life is very free and relaxed compared to Malaysian students' way of life. My exchange buddy took me on a walk on the streets of Hong Kong and I came face to face with the famed Occupy Central protest in Mong Kok. I was later brought around to see the daily life of Hong Kong people. I noticed that there is not much difference between the way of life for the youth of Hong Kong and that of Malaysia. This has truly been an enlightening experience for me, it was truly fun while it lasted. I met a lot of new friends on this trip, including a pretty girl who was very friendly to me.



Soh Jen Yang



I joined a student exchange program with my friends. We went to Hong Kong, as representatives of our school, to learn more things about Hong Kong. There were six of us involved in this program and we all were excited about this trip.

On this trip, I learned many things about Hong Kong. Hong Kong is better in many ways, when compared to Malaysia. There are less problems in Hong Kong than in Malaysia. People in Hong Kong are more united, as they are all from the same race. Besides that, the cleanliness of Hong Kong is far better than that in Malaysia. There is less rubbish along the road. The school is very clean, I enjoy living there so much.

I'm grateful to my host parents, for letting me stay in their home. They treated me so well and taught me many things about Hong Kong. I learned that fuel is one of the most expensive things in Hong Kong and that Hong Kong was once under British rule, but is now under China's.

I had so much fun during these days in Hong Kong. I went to the famous Ocean Park with my friends. We rode on the cable car to reach the other side of it. The roller coasters there are so huge. Not all of us dared to challenge those speedy rides.

Besides Ocean Park, I also went to the famous Hong Kong Space Museum with my host parents. I saw many interesting things inside and a movie about Physics.

I think Hong Kong is one of the best countries, but most of the people can't really enjoy their life. People there are too busy and rushed, they don't have time to relax and enjoy things.

Thank you very much to everyone for take caring of me in Hong Kong, especially my host parents.



Reflections from Host Students and Buddies

Simon Ng, Ricky Leung 3W

In November 2014, we had a valuable and memorable experience – being the buddy of exchange students from MBSSKL. We were really happy that we got to know Yun Han, David Brain and Zheng Xi. It was great hanging around in different places after school that we seldom visit in our daily life, trying different types of food. In addition, we spent time comparing the differences between the two different regions, in areas such as our schools, cultures, and public exam systems! It is my honor to have known our visitors as my friends and it was a really worthwhile learning experience. We had a lot of fun and gained such good friendships during the time that we shared in both Malaysia and Hong Kong. It's not always easy to find such true friends. We really had a great time and shared unforgettable experiences together. Although we did not have much time to spend with the Malaysian boys, we built up a strong friendship and we have kept on communicating after their departure, through Facebook and WhatsApp. In the summer holiday of 2015, it's our turn to visit Malaysia and MBSSKL. We are really looking forward to that.

Woody Cheung, Isaac Chow and Matthew Kwok 3R

It was awesome for us to meet with the Malaysian boys again, having met them before on the Malaysian exchange during the last summer holiday. We were so excited that we hugged them when we saw them again in our school lobby. We were so glad and really appreciated the chance to be the buddies of the MBSSKL students, Jen Yang, Juin Xing and Jun-Jiet. Being with them was such a happy and amazing time, as we had quite a lot of cultural exchanges about food, hobbies, history and even politics. We had fun in the learning activities at school. Also, we had various trips in Hong Kong. Ocean Park was the most memorable trip in the program. Although it was hot on that day, we had lots of fun.

All in all, it was very meaningful, which is what an 'exchange' is all about! Although it was just a two week visit, they will be my lifelong friends. The day before they flew back to Malaysia, our class held a party for them and we exchanged school souvenirs. I've learned a great deal throughout the process. They were so friendly. I felt so warm when they told me I was welcomed back to Malaysia any time I liked!



Visit of Teachers and Students from Singapore Anglo-Chinese School (International)

Names of students from Singapore	Host Family MC student	Host Class	Period	Host School
John Mao	1B Alexander Lai	2W	14-18 March, 2015	Methodist College
Andi Li	2W Thatcher Wong	2W		
Nicole Ho	3R Jodie Wong	3R		
Marcus Pang	3W Harry Tsui	3W		
Koh Wee Tee	3W Simon Ng	4B		

During the period of 14th March to 18th March, two teachers and five Singaporean students from Anglo-Chinese School (International) visited Methodist College and had lessons with our schoolmates.

The students all stayed with host families from our school. Exploring Hong Kong with our school buddies together, they experienced joyous and precious moments at weekends. Besides exploring Hong Kong, they also had lessons with us which was a good chance for us to know more about the difference between education systems in Singapore and Hong Kong.

This programme was fruitful and valuable. It strengthens our friendship and provides a wonderful opportunity for us to get along with friends from a different cultural background. Also, it makes us understand one important thing: True friends are never apart in our hearts. Regardless of whatever distance we have, our friendship will last forever.



Itinerary

Date	Activity	People in charge/ involved
14/3(Sat)	Arrival(CX710at 11:55) Activity with host family	Host students and family
15/3(Sun)	Visit to Ocean Park Visit to Causeway Bay	Buddies and host students
16/3(Mon)	School 8:05-15:45 Welcoming Party during Reading Time in library Buying souvenirs after school in Mong Kok	Host students and buddies
17/3(Tue)	School 8:05-15:45 Self-arranged activity with buddies	Host students and buddies
18/3(Wed)	School 8:05-15:45 Farewell Party after school Departure 20:00 CX715	Host students and buddies



A welcoming party is held in the library. Joining us were Mr. Maclean, vice-principal and Ms Stacey, Teacher of ACS International.

Bringing the world into the College



A warm welcome to all Singaporean teachers and students



Students from Singapore and Ms Stacey



Ms Stacey rejoiced in seeing Thatcher, Jodie, Chloe and Zoe, who visited her school in Singapore in July 2014, again.



Good bye to all the Singaporean teachers and students



Sharing of exchange students from Singapore

Nicole Ho

The Hong Kong Immersion Programme was an eye opening experience. We were given the opportunity to experience studying in a Hong Kong secondary school and also to experience life in Hong Kong. We were home stayed for the duration of our trip and it taught us to appreciate what we have, as houses in Hong Kong are very small and things are not as easily accessible as they are in Singapore. Through the 5 days, we formed bonds with our buddies. We visited Ocean Park and took a ride on the roller coasters. Through this trip, we have learnt to be more independent, as we had to fend for ourselves in Hong Kong,



Ms Stacey, Nicole and Jodie visited Times Square in Causeway Bay



We had desserts with our buddies

from buying our own food to managing our money for getting around. Our buddies, as well as classmates, were very welcoming and interested in getting to know more about Singapore and us. We appreciated being received by the buddies at Methodist College so graciously. They held a welcome party and

farewell party. An announcement was also made on the PA system, informing everyone of our visit, and telling everyone to make us feel welcome.



Koh Wee Tee

The exchange trip to the Methodist College in Hong Kong was an interesting experience. It was extremely enjoyable and an eye opener for all of us. We got to live 5 days with our host families, enjoy a weekend in Hong Kong and go to school for 3 days. It may seem strange to go to school during the



We spent an exhausting yet enjoyable day in Ocean Park

holidays but that was the main reason why some of us opted for this trip. We wanted to experience school life in a country and a school different from ours. I really enjoyed my time in Methodist College. The students were extremely welcoming. On my first day in Hong Kong, my host family picked me up from the airport and then brought me



It was time to say good bye

to a restaurant to try some local Hong Kong delicacies. We also got to go to Ocean Park, shopping at both the malls and a street market. It was amazing to see the streets so crowded. At school, Methodist College students were extremely friendly and the teachers were very welcoming. I got to see how the school ran and

it was different from all the schools I have been in so far. The trip was amazing and I would urge anyone who has the chance to go not to miss this wonderful opportunity.



Sharing from the Host Family and Buddies

Nothing Ventured, Nothing Gained

Jodie Wong 3R

It was definitely a valuable experience being a host family. Through this opportunity, my parents experienced something new and meaningful while I also became more mature by taking care of Nicole at home. Tidying my house bit by bit every day before she came, my parents and I felt exhausted but it was worth-doing since the friendship between Nicole and us is strengthened and she enjoyed staying with us. My parents and I were grateful that we could have this fruitful chance to make a foreign friend and it was rewarding.

A Glistening Pearl

Apart from being the host family of Nicole, I was also her buddy. During weekend and after school, we visited many scenic spots. It was interesting to be a tour guide and share the culture of Hong Kong with her. More than that, we learnt together. She had most of the lessons with me and even stayed with me while I was having my lunchtime duties. In return, I have learnt more about their school's educational system. She added colors into my school life and this experience was surely a charming pearl which kept glistening in my heart forever.



Nicole and Jodie's family had a great time.



We explored Temple Street on the first night



Two Kind Ladies

It was our pleasure to have Mrs. MacLean (the vice-principal's wife) and Miss Stacey who joined us when we were having lessons and reunion dinner. Mrs MacLean appreciated that our school is welcoming and friendly while our students are polite. Miss Stacey was totally impressed by our school's hospitality and she was delighted since our students were receptive during lessons. Both of them agreed that the programme should be continued since all of us can seize the opportunity to know one another from different cultural backgrounds.



Ms Stacey gave a wonderful speech to all 3R students



Mrs Maclean and Jodie



We made cheese cake during our Home Economics Lesson



Ms Stacey taught History by using creative drawing



3W and Marcus during an English lesson

A Rewarding Experience

Simon Ng 3W



It was my first time to be a host family, which was definitely a fruitful experience. It widened my horizons and let me know the importance of English since Singaporeans mainly use English, which is an international language, to communicate with one another.

Although I sometimes could not understand what my buddy was saying due to his accent, which is different from ours, I tried my very best to chat with him by using English. Surprisingly, he can understand a little bit of Cantonese!

Besides chatting with him, we also visited many scenic spots such as Ocean Park and Temple Street. We ate a lot, since my buddy loves eating very much. My buddy is a humorous person whose face always radiates with joy. He is a very nice companion. We nearly had ice cream for tea every day so I became fatter too! Both of us enjoyed the joyous moments together. Lastly, I want to show a heartfelt gratitude to my buddy because he treated me to a delicious dinner and also gave so much happiness to us. These 5 days has surely enriched my school life.



Alexander's family and John have some dim sum in a Chinese restaurant



Visiting Star Avenue after watching the Symphony of Lights Chinese restaurant

Wonderful Days with My New Friend

Alexander Lai 1B



Alexander and John have a western dish

During these five days, although I just had a short time with John, who stayed in my family, we both had a good time.

On the first day, after picking John up at the airport, we had dim sum at a Chinese restaurant, Tim's Kitchen in Elements. In the evening, we went swimming in Kowloon Park before bringing him to the "wet market" with my parents. After that, we visited the Space Museum and John enjoyed visiting it very much. Then, we had dinner at Deli and Wine. Around eight o'clock, we met Thatcher and his buddy Andi to watch the Symphony of Lights and we walked home after seeing the stunning harbour view.

On the third day, we went to 1881 to see the old fort and we were very interested in it. We spent an unforgettable night in Tsim Sha Tsui.

On the last day, we had a mini farewell dinner at home. We made sushi together and luckily John likes sushi very much.

Spending a joyous time with John these five days, I have learnt the ways of serving others who come from other countries. Most importantly, the aim of cultural exchange has surely been achieved.



Being a Host Family Is Fun

Harry Tsui 3W

I was pleased that I could have the chance to participate in this exchange programme and I have learnt a lot of things from it.

First, I have learnt to communicate sincerely with my guests. My guests all had different opinions on the places they wanted to visit. We kept improving the itinerary to satisfy most of their wishes. At last, we fulfilled their wishes by taking



We had a happy time

them to the ice-cream shop and they liked it surprisingly. It was delightful that we, the Hong Kong buddies, could handle the unpredictable situation quite well while the Singaporean buddies could enjoy themselves.



Enjoying Hot pot with Harry together

I have also gained more knowledge about Hong Kong restaurants. During their visit, in order to take the Singaporean students to explore Hong Kong, I personally gained a lot of chances to try different restaurants.

It was surprising that the Singaporean students cannot speak Cantonese while their parents speak Cantonese as their first language. They think it is difficult to learn both Cantonese and Mandarin, so they cannot speak fluent Mandarin either. I used to think that Singaporean can speak Mandarin well, but I have changed my mind now. Anyway, it was a golden opportunity to practice our English oral skills.



Friends Are Shining Stars

Thatcher Wong 2W

The aim of cultural exchange has been achieved because I could know more about Singaporean culture and Singapore. My Singaporean buddy is called Andi Li, and he told me and my family about Singapore nearly every night. He told us what they usually do in Singapore and also



My family with Andi

told us things about his school, ACS International. Of course, my family also told him something about Hong Kong, such as the history of Hong Kong and the “One Country, Two Systems”. My buddy was eager to know and do more. He tried everything in Ocean Park and I bet he wanted to see how theme parks in Hong Kong look like.

Apart from cultural exchange, it was a nice opportunity to make more friends from overseas because friends come to help when you need them. My buddy bought me something exclusive in Singapore, which I found very impressive. If you would like to have this experience, join the programme and be the host!



Thatcher and Andi in front of the Hong Kong Eye