



Methodist College

循道中學

學校簡介 2015年11月

Supervisor: Rev. Yuen Tin Yau **Chaplain:** Rev. Lo Wai Ki **School Sponsoring Body:** The Methodist Church, Hong Kong

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For more information about our school, please visit our website: <http://www.mckln.edu.hk>

Our Five Houses during Sports Day

級社展續紛





Methodist College has more than half a century of history nurturing generations of promising young minds in the Christian spirit. Today, many of our outstanding graduates have taken up prominent positions and are making their contribution in various fields. Many, feeling proud of the education that has made them what they are today, have shown their trust in the College by sending their own children back to their alma mater to enjoy the same heart-warming schooling experience. We have a strong alumni base from which rich resources can be tapped. Through donations, coaching and sharing of experiences, our graduates make tremendous contributions to the growth of the College and raise the sense of belonging of their juniors in the Methodist College family.

Being a grant school, Methodist College shares similar status and tradition with some of the most prestigious schools in Hong Kong, one of the distinct features being its strong culture of using English as the medium of instruction. It is one of our highest priorities to further enrich our English learning environment. We are also gradually increasing the use of Putonghua, and providing various opportunities for our students to see the world and to get in touch with different people and cultures, so as to adequately equip them for the demands of the future society.

To live out the College's mission – To develop whole-person education based on Christian principles, and to nurture wholesome life through the preaching of the Gospel, we have put "Developing good quality lessons" and "Building a positive school culture" as our major concerns for 2013-2016. With a whole-school approach, we endeavour to bring balanced development to our students apart from striving for academic excellence. As a Christian school, we are strongly supported by the Kowloon Methodist Church in this mission. Our slogan sums it all up in the short form MCKLN:



Emily Wong Pui Yi, Principal



School Motto 校訓

Crede Ut Intellegas (拉丁文)

“Believe in order to know”

信以致知

School Mission 宗旨

To develop whole person education based on Christian principles, and to nurture wholesome life through the preaching of the Gospel.

全人教育

本基督精神，發展全人教育，藉宣講福音，培育豐盛生命。

Information on Teaching Staff 教師資歷 (2015-16)

The College now has a teaching staff of 54. All English and Putonghua teachers in the teaching establishment have attained the Language Proficiency Assessment for Teachers (LPAT). The qualifications and teaching experiences of all teaching staff are shown in the charts below.

本校現有 54 位教職員，其中所有編制內的英文科及普通話科老師都通過基準試 (LPAT) 的要求。有關老師的學歷及教學經驗可參閱下圖。

核准編制內	核准編制外	總人數
46	8	54

學歷			
教育文憑	98%	學士	100%
碩士、博士或以上	76%	特殊教育培訓	22%

年資 (佔全校教師人數百份比)		
0至4年	5至9年	10年或以上
11%	20%	69%

An English-medium School with majority Band One intake

全校所有班別均以英語為授課語言，學生大部分來自第一組別。

Class Structure and Subjects Offered in 2015-16

Class Structure						
	S1	S2	S3	S4	S5	S6
No. of classes	4	4	4	4	4	4
No. of enrolment	126	131	137	139	136	115

Subjects Offered			
	S1 & 2	S3	New Senior Secondary (S4)
English Language	✓	✓	✓
Chinese Language *	✓	✓	✓
Chinese History *	✓	✓	✓
Chinese Literature *			✓
Putonghua *	✓	✓	
Mathematics	✓	✓	✓
Computer Literacy	✓	✓	
Information & Communication Technology			✓
Economics		✓	✓
Geography	✓	✓	✓
History	✓	✓	✓
Business, Accounting & Financial Studies		✓	✓
Liberal Studies *	✓	✓	✓
Religious Education *	✓	✓	✓ (non-HKDSE subject)
Ethics and Religious Studies *			✓
Integrated Science	✓		
Biology		✓	✓
Chemistry		✓	✓
Physics		✓	✓
Design & Technology	✓	✓	
Visual Arts	✓	✓	✓
Home Economics	✓	✓	
Music	✓	✓	
Physical Education	✓	✓	✓ (non-HKDSE subject)

• Chinese is the medium of instruction for subjects marked with an asterisk (*). For all other subjects, English is the medium of instruction.

• **In 2016-17, English will continue to be the medium of instruction of all four S1 classes.**

Strong in school ethos, traditions & Christian values 校風淳樸，重視基督教價值及具優良傳統



學生基督徒團契復活節營會

Spiritual Education

Our school was founded on Christian principles. Through the Religious Education curriculum, Student Christian Fellowship and other gospel-oriented activities, students may see Jesus Christ's example—an omnipotent God who humble Himself to live among people and serve the needy and even die for us—and learn to be modest servant leaders.

The Evangelistic Week is the highlight of Religious Affairs here. Every year, evangelistic meetings and a variety of events are prepared for students. Gospel camps, F1 Alpha course and other activities are also organized to meet spiritual needs.

本校是一所建基於基督精神的學校，我們是希望透過舉辦不同型式的活動（包括福音週，學生基督徒團契，中一啟發課程及學生福音營會等），讓學生有機會認識福音，從而得著豐盛的生命。



Life Education

Our life Education Curriculum consists of six themes which include Self-Discovery, Self-Management, Career Education, 'Be a Servant', Environmental Education and 'Healthy Life Style'. All these theme will be implemented in whole school approach.

There is one focus for each level. For instance, S1 students will develop better self-understanding through Life Education Lessons and various Life Wide Learning activities. S2 students will learn more about self-management through workshops. S3 students will be exposed to a wide range of careers, so that they will make wise choices for DSE subjects. Senior form students are guided to participate I various voluntary services, to think globally in terms of sustainability, and to develop a healthy life style. We hope that all of the above will enhance the whole person development of our students.

循道中學自創校以來，一直以實踐德智體羣美靈之全人教育為宗旨。我們相信知識教育固然不可或缺，但幫助學生在處理情感、人際關係，以至屬靈生命上有所成長更為重要。有見及此，我校為全體學生設計了一套多完化的生命教育課程。各級均有不同的主題。以下為2015－2016年度各級主題：

中一	中二	中三	中四	中五	中六
自我發現之旅	自我管理	生涯規劃	僕人領導 (服務學習)	環境教育、 世界公民	情緒教育、 心理健康、 壓力管理

Gifted Education Program

校本資優培育計劃



Formed with an aim to identify, recognize and stretch students' potentials in various areas, the Gifted Education Team has selected students from Chinese, English, Mathematics, Science and Humanities who are not only given opportunities to receive tailor-made programs relevant to their needs in the school, they are also provided chances to explore and develop themselves systematically and strategically through off-site programs offered by the Education Bureau, Hong Kong Academy for Gifted Education, universities and institutions in the territory.

Whole-class tailor-made programs have also been organized in English and Aesthetic Education.

To help parents better understand the concept of Gifted Education and ways of nurturing gifted children, parents' seminars have been organized.

為了甄別學生的多方面潛能，讓其各展所長，本校挑選多名在中文、英文、數學、人文學科表現卓越的學生進入資優教育組。相關學生能參與各種校本計劃，以迎合其學習需要。此外，他們也能參加由教育局、香港資優教育學苑、區內大專院校等機構所舉辦的校外支援計劃，藉此有系統地、有策略地開發固有潛能，盡展個人優勢。

本校英文科、藝術教育科均開辦全班式校本計劃，以照顧整體需要。同時，本校也會舉辦家長講座，讓家長更透徹地了解資優教育的理念，並掌握培育資優子女的方法。

「創意及高階思維工作坊」感想

本工作坊每節課堂內容變化多端、互動性強，因此我獲益良多。每節課堂都環環緊扣心智發展和個人潛能等元素，對學生的未來發展有莫大裨益。在最後一節的課堂中，導師曾提到人不可無的放矢，應認清目標並善用自己的才能去展示天賦，此言於我感觸最深。在是次活動中，我開始慢慢摸索出自己的發展方向。由於我在文字語言方面的表現較為突出，加上自己熱衷於此，因此我希望能在此一方面發揮所長。我從小便渴望成為能用語言、用文字去感染別人的人，因為兩者都是表達情感最直接的方法。唐人韓愈有言：「師者，所以傳道、授業、解惑也。」教師以語言文字傳道、授業、解惑，正與我自小的心願不謀而合；當然，編寫方面的工作也是不錯的選擇。為此，我先訂下了短期的目標，包括藉着每周閱讀一至兩本語言文學相關的書籍以增進知識、於每月完成兩篇隨筆以加強表達能力，並多留意社會時事和身邊的人事百態以提升觀察力等等。「天行健，君子以自強不息。」我相信只要願意堅持、努力，箭矢終可擊中紅心的。

王穎茵



Balanced curriculum in a co-educational setting 男女校環境及均衡的課程，促進健康成長



Big Brothers and Big Sisters Scheme 師兄師姐計劃

The Big Brothers and Big Sisters Scheme is co-organized by Methodist College and Yang Memorial Methodist Social Service. It serves to nurture senior form students to be caring leaders and to help S1 students to adjust to secondary school life at the same time.

Every year, a group of senior form students are trained to be big brothers and big sisters. Not only does the Scheme bring out the talents of senior form students, it also develops their potential and enhances their self-confidence.

In the scheme, the senior form students act as servant leaders to serve their 'brothers and sisters' at school. We believe that our S1 students, who have experienced the love and care of the senior students, will pass the spirit on and become big brothers and sisters for the future freshers.

師兄師姐計劃由我校與循道衛理楊震社會服務處油尖旺青少年綜合發展中心合辦。旨在提升高中學生帶領活動的技巧和幫助中一同學及早適中學的校園生活。每年，師兄師姐均舉辦不同活動，如中一迎新、互相認識、認識學校、班際活動等。高中同學與中一同學均能樂在其中，彼此共同成長。



Widened exposure & strengthened character 擴闊視野，塑造品格

Cultural Exchange Programmes

As the Chinese saying goes, "Travelling ten thousand miles is better than reading ten thousand books." Students of Methodist College capitalized on various opportunities to take part in cultural trips and exchange tours abroad in a bid to broaden their horizons through exposure to different cultures.

本着「讀萬卷書，行萬里路」精神，透過校方提名或參加各項比賽，學生成功贏取參與海內外各項國情文化教育活動的機會，藉此觀摩交流，並得以擴闊視野和胸襟。2013-2015兩學年本校學生參加的海外交流活動，計有以下各項：

Cultural Exchanges (2013-15)

Nation	Location	Activity	Date	Participants	Organizer
AUSTRALIA	Sydney, Melbourne	New Leadership Experience Exchange Programme in Australia--Embracing the City and the Country 新領袖體驗計劃： 環抱鄉城澳洲交流團	13/2 – 20/2/2015 (9 days)	21 students of S1-5	Methodist College
CHINA	Beijing	Mainland Exchange Programme for Student Leaders 領袖生內地交流計劃	5 – 9/8/2013 (5 days)	1 student of S5	EDB
			20 – 24/4/2014 (5 days)	2 students of S5	
			6/4 – 10/4/2015 (5 days)	3 students of S5	
	Beijing, Neimenggu	Trip to Beijing & Neimenggu 北京內蒙文化交流之旅2013	22 – 29/7/2013 (8 days)	2 students of S3	Junior Police Call (JPC), Police Public Relations Bureau(PPRB)
	Beijing, Tianjin	Beijing & Tianjin Study Tour* 北京天津城市規劃考察之旅	28/3– 1/4/3013 (5 days)	40 students of S4-5	Methodist College
	Nanjing	Trip to Nanjing 高校科學營—— 優秀高中生獎勵計劃	9 – 15 /7/2013 (7 days)	5 students of S4 & 5 students of S5	中國國家教育部及中國科學技術協會
			14–20 /7/2014 (7 days)	10 students of S4	
	Shanghai	Leadership Training to Shanghai* 「古往今來」上海新領袖訓練計劃	19– 23/12/2013 (9 days)	20 students of S1-5	Methodist College
	Taipei	Trip to Taiwan* 台灣文化考察交流團	5 – 8/4/2013 (4 days)	28 students of S1-4	Methodist College
Wuhan, Yichang	Trip to Wuhan and Yichang* 「同行萬里」 高中學生內地交流計劃	20/– 24/4/2014 (5 days)	10 students of S4-5	EDB	

Nation	Location	Activity	Date	Participants	Organizer
MALAYSIA	Methodist Boys' Secondary School Kuala Lumpur	Malaysia Exchange Programme (Focus on IT and Robotics)	13–27/7/2013 (15 days)	4 students of S1 & 2 students of S3	Methodist College
			15 –28/7/2014 (14 days)	5 students of S2	
			16/7 – 26/7/2015 (11 days)	2 students of S3	
SINGAPORE	Anglo-Chinese International School	Immersion Programme to Singapore	13 – 29/7/2013 (15 days)	3 students of S2 & 1 student of S1	Methodist College
			12– 28/7/2014 (17 days)	2 students of S2 & 2 students of S1	Methodist College
			14/7 – 30/7/2015 (17 days)	3 students of S2 & 2 students of S3	Methodist College
UK	Churchill College, Cambridge University	UK Cambridge English & Science Programme	28/7 – 10/8/2013 (14 days)	3 students of S3 & 2 students of S4	Cambridge English & Science Programme
			27/7 – 10/8/2014 (15 days)	1 student of S2	
			2/8 – 15/8/2015 (14 days)	2 students of S2	
	Woodhouse Grove School, Bradford	Immersion Programme to UK	20/6 –5/7/2013 (16 days)	3 students of S4 & 1 student of S5	Methodist College
			20/6 –2/7/2014 (13 days)	1 student of S4 & 1 student of S5	
			24/6 – 7/7/2015 (14 days)	4 student of S5	
USA	USA	Leadership Training to USA* 「向世界出發」 新領袖體驗計劃	7 – 15/2/2013 (9 days)	20 students of S1-5	Methodist College

* Trips escorted by our teachers



在校友陳升揚先生(前房屋署物業管理總經理)及黃比先生(前房屋署助理署長)的帶領下，中三至中六的同學及「師傅」參觀牛頭角上/下邨，了解新型屋邨設計概念。

The Mentoring Programmes 師徒計劃

本校創校57年來孕育了無數傑出校友，在各行各業服務社會。本校自2009年，開展了「師徒計劃」。透過此計劃，每位「師傅」每學年與二至三位同學密切接觸，在升學、職業導向等方面，指導及協助「徒弟」。在2014至2015年度，共有25名校友擔任「師傅」及78名中四至中六同學參與計劃成為「徒弟」。

The 57-year history of the College produced many distinguished alumni who are already serving the community in various ways. Capitalising on this rich pool of talent, we launched a Mentoring Programme with the dedicated support of our alumni. In the 2014-15 school year, 25 alumni from a wide range of professions signed up to become mentors to 78 F.4-6 students. They share their life experiences and their careers with our students.



Words from High-Fliers in DSE 2015 2015中學文憑試優秀學生分享



黃駿泓

黃駿泓同學於2015年中學文憑試取得一科5**，一科5*級及兩科5級佳績。他現於香港大學修讀教育學士及理學士（雙學位課程）。

Almost all students are afraid of lagging behind, or losing at the starting line. However, Methodist College is the place where your education is ahead of others. Here, I received the best education and acquired favourable traits and skills for the future.

In terms of providing a holistic learning experience, ranging from academics to whole-person development, Methodist College is an ideal platform where I can gain rudimentary knowledge on an array of aspects. Teachers who maintained a strong bond with us helped us unleash our potential and pursue our dreams. In contacting students from other schools, I had a surprising observation – students in Methodist College trust and rely on our teachers so much! We respect our teachers as they love and care about us unconditionally. In addition, my classmates formed small learning groups after class, which created an exuberant learning effect. We believed that all of us could secure a place in university under this fun-filled learning atmosphere.

When it comes to planning for the future, I strongly believe that Methodist College has a method to help us map out our future paths, not to mention helping us find our own strengths. By holding student-oriented events like the Variety Show and through the activities of different societies, students have a chance to equip themselves with critical thinking and communication skills, while at the same time they become more responsible, creative and reliable. Apart from organizing activities and being a Head Prefect in leading the Prefect Team, I have joined an exchange programme to Southeast University, Nanjing, to learn about science and experience study life like a university student. Besides, teachers of Methodist College provide us with a wealth of information as well as advice on our career paths, hoping that all of us can live our lives to the fullest.

I am so proud to be a graduate of Methodist College, where I have developed my substantial pre-university knowledge and skills.

黃同學來自馬頭涌官立小學（紅磡灣）





吳嘉賢

吳嘉賢同學於2015年中學文憑試取得一科5**，三科5*級及一科5級佳績。他現於香港理工大學修讀放射學（榮譽）理學士。

文憑試及大學聯招放榜後，十二年來在這小山坡上的學習歷程仿佛一下子結束了，難免有所後悔和不捨，但當中經歷過的一切，都是我成長的里程碑。

一路上陪伴我走過的，除了一班「戰友」外，當然還有循道中學的老師。猶記得剛上高中時，升學及就業輔導組已經安排了形形色色的講座，為我們提供升學資訊，並幫助我們策劃畢業後的路向；就連當初不重視升學輔導的同學，最後卻因此受益。「某計劃明天截止報名了，趕快行動。」「明天某大學資訊日開幕，同學別忘了去走走看看，注意收生資訊。」一幕幕輔導老師苦口婆心提醒我們的畫面，至今仍在我腦海中繚繞，每次想起老師的語氣和神情，中學的點點滴滴就自然浮現眼前：儘管學期已經結束，備考時段隨後而至，可是老師仍然不忘給我們發訊息，鼓勵振作。

正因為擁有在循道中學的種種經歷，才成就了今天的我。再次感謝同路的戰友，以及在背後默默支持學生們的一眾老師。

吳同學來自循道學校



馮穎康

馮穎康同學於2015年中學文憑試取得兩科5*級及三科5級佳績。他現於香港大學修讀工學學士。

有了昨天的我，才能建構出今天的我。六年過矣，當中的點點滴滴，不思量，自難忘。

循道中學是塊充滿機遇的寶地，只要把握住機會，我們一定能獲得一些寶貴的東西。我是個好奇的人，對於學問與知識總喜歡尋根究底。猶記得往時，我不滿足於課本上那個狹小的世界，經常在下課後纏着老師，請教課外知識。現在回想起來，自己確實是挺煩人的。幸得諸位老師關照，不吝抽出自己的休息時間，回答我一個又一個的提問；雖然我資質魯鈍，但老師依然耐心教導、指正我。正是老師樂意解答每一處疑問，我才培養成「每事問」的精神。藉着這三個字，我才得以踏進大學，繼續深造。

跋而望遠，不如登高之博見。在這幾年間，我得蒙老師的支持與勉勵，曾在校外參與不少活動。學校為我們創造了不少出外交流的機會。我曾赴南京交流，與來自中國各地的學生切磋科學知識；我亦曾前往台灣，與兩岸三地的有志青年交流資訊科技知識。交流以外，學校更鼓勵我們多參與比賽。當年我與同學一起參與城大的吸管比賽，應用物理知識，以吸管創造不同的器械。記得當時，指導老師不遺餘力，不時給予我們專業的意見和適當的幫助。此外，我亦有幸與同學參加數碼遊戲製作比賽，將課堂所學的編程知識融會貫通，學以致用。更有恩師鼓勵我多次參與徵文比賽，猶記得我每次繳交文稿，那位恩師都在百忙中抽空，鉅細無遺地批閱我的文章。縱使我多番落選，老師依然鼓勵我再接再勵。到了最後，也算是略有成績吧。我想，老師鼓勵我們參加比賽，並不是要我們為學校贏得獎項，而是想我們在比賽中認清自己的不足，找到自己未來的方向，藉此讓我們成長起來吧。

最後，希望各位師弟妹能在校園中認清自己的目標，為着自己的目標向前奮鬥！

馮同學來自循道學校



麥譽騫

麥譽騫同學於2015年中學文憑試取得一科5**級，一科5*級及兩科5級佳績。他現於香港大學修讀理學士。

The clock turns incessantly, my secondary school life has finally come to an end. Over the past six years, I have had some fruitful experiences. Not only learning valuable knowledge, but also meeting some sincere friends and teachers. Many unforgettable scenarios are still clear in my mind; from the time I first stepped into Methodist College, to the moment that we had our very last assembly in the church.

I could still vividly recall joining the straw competition in CityU two years ago. I remember the weeks that I and my two passionate friends worked hard to strive for the best performance in the competition. With support from our Physics teacher, Mr. Chong, we overcame our flaws or puzzlement. Though we didn't win a prize that time, the moment when we fixed our 'weapons' in the canteen together is marked deeply in my heart...Through the opportunity to shoulder some posts in the school, such as being a reading ambassador, or a prefect squad leader, I have learned to be responsible, and trained to be courageous and caring.

My toughest time in Methodist College should undoubtedly be the time preparing for the HKDSE examination. At school, we did mock papers; At home, we fought the battle alone but I am lucky that I have my invaluable friends. I clearly remember that night, the night just before our first DSE written paper, we encouraged each other via messages. Those 'muscular arms' in the message did cheer me up! Their unlimited support and reminders have guided me well for years! I can clearly reminisce about the time we played basketball in junior forms; rushing back to the campus in heavy rain; laughing at each other's clumsiness at recess time.....

The clock is turning incessantly, we all have grown. Today, I am now starting my new journey towards my very own dream. Undoubtedly, my counterparts will do so, too. I would like to thank all MC teachers and my adorable friends sincerely.

'Time and tide wait for no man', it's one of the proverbs featured in our last F.6 English quizzes. And so, don't hesitate, treasure every second of learning in Methodist College!

麥同學來自東華三院羅裕積小學



陳國章

陳國章同學於2015年中學文憑試取得一科5**級，一科5*級及兩科5級佳績。他現於香港科技大學修讀工商管理。

光陰荏苒，轉眼之間我已身在大學校園中。如今能在大學裏修讀心儀的學系，母校裏的每位良師的確功不可沒。

還記得高中時，眼看着語文科一直都是文憑試考生進入大學的障礙，自己當然不敢怠慢。循中也因此給語文科分配更多課時，令同學能有更多學習時間，打好基礎，應付文憑試。再者，循中的老師並非只為成績好的同學服務，他們非常樂意在課餘時間解答所有學生的疑問；此外，他們更為同學安排補課及額外的練習，務求同學都明白課堂所學。

在學習之途上，難免有失敗及氣餒的時候，幸好有一班同行的同學及有心的老師扶持襄助，我才能度過難關。老師不時給予同學支持鼓勵，還更分享過往的學習經驗，給予提議。此外，老師不時邀請已經畢業的師兄姐回校，在早會上以過來人的身份勉勵我們，又分享溫習和減壓的方法。班上的同學更會組織溫習小組，進行協作學習，互相支持。這些都為我在考試前打了一支強心針。

最後，我希望師弟妹在享受豐富的校園生活之餘，也不忘努力讀書。願母校的木棉樹在來年盛開得更燦爛。

陳同學來自油麻地天主教小學



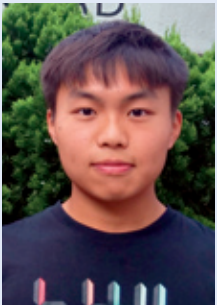
方芷梁

方芷梁同學於2015年中學文憑試取得兩科5**級及一科5*級佳績。她現於香港大學修讀文學士。

I am incredibly grateful for my six years at Methodist College and all it has done to help me reach where I am today. The school has given me so many opportunities, from representing school teams in local competitions and events to going overseas as an exchange student.

These experiences have, through broadening my perspective and enriching the way I see the world around me, paved the way for further learning both as a student and as a person. It was also at Methodist College that I got to know a community of wonderful people I can trust and look up to, including teachers who continue to inspire and motivate me, and classmates who after overcoming so many challenges together have become some of my best friends. I look back at my memories of my time here fondly as the years where I found the support and strength not only to make the most of what I have in the present, but also the courage and wisdom to pursue my dreams for the future. From where I am now, I still have a long way to go, much more to learn and experience, but I know the support and warmth I have felt at Methodist College will stay with me for a very long time.

方同學來自油麻地街坊會小學



張恩銘

張恩銘同學於2015年中學文憑試取得一科5*級及四科5級佳績。他現於香港理工大學修讀地產及建設測量學(榮譽)理學士。

在循道中學讀書多年，我認為考試是一一次次成長的戰役，成績未必理想，但必定令我們有所成長。我能在公開考試取得頗理想的成績，並且入讀心儀的學系——香港理工大學的地產及建設測量學(榮譽)理學士學位，確實有賴老師的教導，還有他們在我迷失的時候為我指點迷津的功勞。

於中學時期，除了學業，我也獲選為香港足球青年軍的隊員。我認為找到自己的興趣是十分重要的，因為它能夠充實自己的人生，令自己在課業以外也能有所收穫，例如學會團隊精神、開拓社交圈子等等，全面地受惠於全人教育。當時我必須參加每周約三次的訓練，然而，我沒有因此放棄學業，體育訓練反而令我更珍惜學習機會，曉得分配時間。我認為用功讀書是必要的，但如能在學業之際放鬆自己，求學便能事半功倍。

談到讀書，我認為溫習的素質比時間更為重要。記得中六那年，有一位老師談到自己的讀書方法，就是將自己不懂得回答的題目抄下來，並視為重點溫習對象，研究自己不明白的原因。此後我模仿了老師的方法，結果，不但溫習的素質有所提高，而且我還釐清了一些錯誤的概念。因此，讀書的效果取決於質，而不取決於量。

最後，我希望師弟妹能夠努力讀書，為將來而奮鬥，讓自己在以後有更大的選擇權利。我也期望成績不太理想的師弟妹永遠不要放棄學業，因為你永遠不知道自己能走多遠。將來驀然回首，你必定會感謝當天沒有半途而廢的自己。

張同學來自循道學校

Grow in Love and Care 在關愛中成長



梁翱 中二

雖然我只是一個中二學生，但我已能深深感受到循中生活的喜悅。老師會以多元化的教學模式上課，令我領悟更多，也更容易理解課堂的知識。同時我受學校資助，讓我可在外參加更多課外活動，開闊我的視野。這年我也獲選為班會主席，讓我得到更多機會去服務同學、學習管理及領導全班的大小事務、學習如何舉辦活動。這一切都令我感受到學校生活中的樂趣。

廖詠詩 中三

我中一時從內地移民來香港，通過面試，有幸入讀循道中學。我很感謝校長給我這個機會，使我在循道中學獲益良多。

這裡的老師除了愛護同學，還十分關心同學，掌握每個人的長處，幫助我們發展自己的潛能；例如我在寫作方面能力較強，老師便推薦我參加各種寫作比賽，其中我在「〈奧中博士盃〉中文徵文比賽2014」中獲得初中組亞軍。這不僅使我認識到自己的強項，還得到了很多臨場寫作的經驗，對中文科的寫作多有裨益。

循中的課外活動亦十分豐富。今年二月，我在面試後，獲得了學校全數資助前往澳洲交流兩星期。此次交流團開闊了我的眼界，讓我對當地的文化、風土人情有了頗深刻的印象，還提高了我的領導能力。

從一開始的人生地不熟，心裡患得患失，到現在想一直留在香港，這一切改變都少不了學校的功勞。循道中學就像一個港灣，接納了我這個新移民，給予了我無窮的溫情，也築起了我踏出世界的夢。



伍令瑜 中六

循中的上課模式非常互動。小組活動、iPad教學、課外考察等學習形式，為課堂添上了幾分趣味，讓學生能夠更有效地吸收知識。

在短短的初中三年裏，我參與了無數的活動，例如台灣交流團、軍訓、興趣班，並在班會和級會中擔任幹事；在高中時擔任學會幹事，更有機會競選學生會。

陸卓輝 中六

循中開拓了我的視野。學校推薦我到「香港資優教育學苑」考試，我現在已是學苑的學員，並曾出席學苑舉辦的多項免費課程和講座。又蒙學校資助，我參與了由香港理工大學舉辦的化學科、物理科、生物科高中課程考試，令我受益匪淺。

此外，就讀中五時，我一方面擔任數學學會的會長，另一方面有份參與學校舉辦的小型音樂會，還參加了羽毛球、數學、中英文朗誦等多項校際比賽，並取得佳績。更難忘的是獲老師們支持，到校外參加許多比賽，奪獎無數，鼓舞萬分，在學業上留下珍貴的經驗與回憶。



家長分享

我眼中的非凡學校不是着重於能否培育出有幾多精英中的精英、有否九成以上入大學率、幾多畢業生能讀到大學「神科」(如醫科/法律……)或成為某類專業人士。循中是所值得我欣賞「另類非凡」學校，老師充滿教學熱誠，能真正做到因材施教，注重言教身教及品德教育。學生在啟蒙下有許多機會認清自我，學到正向價值觀、終身學習和生活態度，從而尋找到自己人生目標和方向。另一難能可貴的地方是循中提供良好學習人際相處的環境，學生之間甚至與校長、老師、校務職員及校工等能建立獨特友好關係，可見畢業生會念念不忘這份情且珍而重之，亦凡事懂得感恩並回饋母校。

感謝上天賜予緣份讓小兒入讀循中，並獲益良多。也感激學校、校友、家長、學生等共同努力超過五十七載，各循中畢業生能活出平凡中不平凡的人生。

黃韻詩

學生 上年度中六 黃駿泓



My first boy has just graduated from Methodist College and entered into Engineering School in the HKUST successfully this year. He felt proud of himself because this was his objective set in F4.

As parents we are so happy to see his mini success in his life. At the same time I would like to say thanks to the Principal and all teachers in MC. My son has gone through a very wonderful school life here and grown up healthily. He always shares with us how great the teachers are in the class. Every year when I met with the class teacher on the day of collecting school report, I did feel their efforts and care spent on my son.

A great school in my heart is the one that assists students to build up their proper personal values. This includes attitude, integrity, self-confidence, an objective mind etc. I can say that MC has provided a good platform for students to develop themselves.

陳聆

學生 上年度中六 黃明希

中五 黃家希



兒子卓韡在循道中學已升讀中學四年級，回想初入學時樣樣新奇，學校為了新同學能盡快適應，在假期安排師兄師姐活動，和為英文教學準備了適應課程，這些都讓兒子愉快地進入他的中學生活，實在感恩卓韡在循道中學的學習生活，有校長、老師的愛，又結識了很多同學朋友仔，更有天父的帶領！而自已從中也在學習和成長期兒子的相處，雖然有艱難，但仍喜樂，希望陪伴他一直走下去！

曾麗雅

學生 中四 陳卓韡



感謝學校讓我的兒子，無論在靈、德、智、體、群、美各方面都有均衡發展。

江寶兒

學生 中二 黃政愷



學校能按女兒的需要，提供資源和協助，讓她認識自己的強項，接納自己的弱點，在靈、德、智、體、群、美各方面均衡發展。

葉美嫻

學生 中五 陳曉君



Enter MCKLN
Numerous chances
Joyful time always
Outreach experience
Yield a lot

黃志彬

學生 中三 黃德正

現在踏入中學第三年，與學校關係更加密切。學校也和我們一起成長，成長背後當然就是回憶……這回憶什麼味道也有，總括是甜的……要經過成長才懂得珍惜現在!!很感激校長、老師及同學的照顧，小兒能在「循中」成長真的是幸福及感恩！

蔡美玲

學生 中三 方俊榮



All-rounded achievements 全面發展，成績美滿

2014-2015 Achievements 學生成就

Academic

66th Hong Kong Speech Festival (English Speech)

◆ Public Speaking

Champion 5G Li On Ni Annie
1st runner-up 5G Lau Ka Sin
2nd runner-up 5G Chow Kit Ching

◆ Solo Verse Speaking

1st-runner up 2R Luo Dan Fang Xuan, 2W Wong Pui Yan, 5B Lai Man Sum
2nd-runner up 1W Tang Wing Ka, 1W Lam Wing Kwan, 5W Wong Hiu Wai,
6B Yuen Kin Yan

◆ Dramatic Duologue

1st-runner up 5G Leung Jo Yee and Lau Ka Sin
2nd-runner up 2R Tam Tik Man Natalie and 2R Luo Dan Fang Xuan,
5G Wong Hoi Yan and 5G Wong Yuk Wai, 5B Lai Man Sum and 5R Tong Ka Ngai

Another 38 students obtained Certificates of Merit.



66th Hong Kong Schools Speech Festival 2014 Prize Winners
5G Li On Ni Annie



Hong Kong Secondary Schools Debating Competition

Hong Kong Secondary Schools Debating Competition

Regional Champion (Kowloon) 5B Shelia Lai, 5B Eileen Favretto, 5G Vivian Lee

第六十六屆香港學校朗誦節中文朗誦比賽

◆ 散文獨誦 (粵語)

冠軍 2R 連思詠

◆ 二人朗誦 (粵語)

冠軍 5B 鄧穎雪、5B 余煥嫦、2R 連思詠、2R 朱璧虹

◆ 詩詞獨誦 (普通話)

亞軍 2R 朱璧虹

◆ 散文獨誦 (普通話)

亞軍 2R 駱丹芳軒
季軍 4B 許詠淇

◆ 詩詞獨誦 (粵語)

季軍 1W 林詠鋆

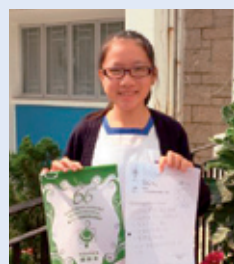
◆ 二人朗誦 (粵語)

季軍 2R 廖穎詩、2R 譚沛珊

共有34位同學獲優良獎狀



二人朗誦 (粵語) 冠軍
2R 連思詠、2R 朱璧虹



散文獨誦 (粵語)
冠軍 2R 連思詠



散文獨誦 (粵語) 冠軍
5B 鄧穎雪、5B 余煥嫦



1W 林詠鋆同學勇奪第十七屆
全港中小學普通話演講比賽
初中組 (九龍區) 金獎



2G 林詩欸同學勇奪第十七屆
全港中小學普通話演講比賽
初中組 (九龍區) 金獎

第十七屆全港中小學普通話演講比賽2015

九龍區初中組金獎 1W 林詠鋆、2G 林詩欸

全港中學普英雙語演講比賽

全港青年中國古典詩詞朗誦比賽

全港青年普通話朗誦比賽(公民教育)

亞軍 2R 駱丹芳軒



【大中華青年在線：
第一屆「今日香港」與「當代中國」】辯論賽季軍
(左起) 5G 霍俊丞、5W 林雅儀、5G 王珈霖、4B 許詠淇

【大中華青年在線：第一屆「今日香港」與「當代中國」】辯論賽

季軍 5G 王珈霖、5G 霍俊丞、5W 林雅儀、4B 許詠淇、
6W 吳采倩、6G 鄭少琪、2B 李卉雪

第三屆「奇趣盃」辯論比賽

亞軍 4G 霍俊丞、3R 阮旨諾、4G 王珈霖、5W 吳采倩

第九屆「善言巧論：全港學生口語溝通大賽」

(由「理性溝通教育學會」主辦)

優異級 6W 梁鈺淇同學、6W 金頌雯同學、6W 陳國濠同學、
6G 鄧頌欣同學、6W 吳采倩同學

2014-15全國青少年語言知識大賽現場作文公開賽

中學六年級一等獎 6B 馮穎康

Mathematics Project Competition for Secondary Schools 2014/15 organized by the Education Bureau

Team of Good Performance

3W Tsui Ka Hong, 3W Leung Hon Cheung, 3W Yip Hoi Shun,
3W Ngan Fu Ting, 3W Lee Cheuk Hei, 3W Leung Wing Ki

Hang Lung Mathematics Awards, 2014

Team of Good Performance

5B Luk Cheuk Fai, 5B Kwok Wai Yan, 5B Li Kam Hon

順德聯誼會胡兆熾中學第六屆Super 24邀請賽

Third Class Honours

1R Wong Wing Yan Esther, 1W Chan Ngai Hang,
2G So Hin On, 2R Fung Kin Chung



全港中、小學「T字之謎」大賽

Second Class Honours 2G So Hin On

培正數學邀請賽2015

Award of Merits 1W Po Chun Wo

Hong Kong Budding Scientists Award, Science Knowledge Quiz organised by the Education Bureau

Third Class Honours

3R Chan Cheuk Wai, 3W Leung Wing Ki



2014油尖旺區分齡羽毛球雙打比賽女子L組
季軍 4B胡綺庭、4B盧安喬



2014-2015 Inter-School Badminton Competition

Non-Academic

2014-2015 Inter-School Badminton Competition

◆ Girls Overall Champion

Girls B Grade Champion

4B Lo On Kiu, 4B Wu Yee Ting, 3W Liu Chit Ka, 3B Hui Yan Tung,
3B Kwong Tik Yin

2014油尖旺區分齡羽毛球雙打比賽女子L組

季軍 4B胡綺庭、4B盧安喬

Inter-School Swimming Championships 2014-2015

◆ 50m Free Style Boys C

Gold Medal 2R Tsang Hin Yat

◆ 100m Free Style Boys C

Gold Medal 2R Tsang Hin Yat

Silver Medal 1W Yuen Chun Sun

◆ 200m Individual Medley Boys C

Silver Medal 1W Yuen Chun Sun

◆ 4x50m Free Style Relay Boys C

Silver Medal 2R Tsang Hin Yat, 1B Lai Long Sing,
1W Yuen Chun Sun, 2G Wong Kwok Ho

◆ 4x50m Medley Relay Girls C

3rd runner-up 1W Tang Wing Ka, 1R Lau Ponette Abigail,
1R Wong Wing Yan, 1G Au Pak Yu

Hong Kong Squash Championships 2015

Womens B Grade Champion 3B Cecilia Kwong

Hong Kong Squash League 2013/2014

Division 17B Champion 3B Cecilia Kwong



4x50m Medley Relay Girls C 3rd runner-up



4x50m Free Style Relay Boys C Silver Medal



Hong Kong Squash Championships 2015
Womens B Grade Champion
3B Cecilia Kwong

District Age Group Squash Competition 2014

3B Cecilia Kwong

- ◆ **Island District Squash Junior (FC)**
Champion
- ◆ **Kwai Tsing District Squash Youth (F)**
Champion
- ◆ **Tai Po District Squash (FF)**
Champion
- ◆ **Tsuen Wan District Squash (FC)**
1st runner-up

- ◆ **Sai Kung District Squash**
1st runner-up
- ◆ **Sha Tin District Squash Competition (FD)**
2nd runner-up
- ◆ **Hong Kong Region Squash Competition (FE)**
2nd runner-up
- ◆ **Kowloon District Age Groups Squash (FE)**
3rd runner-up

2014-15全港學界閃避球分區挑戰賽

港九區女子組冠軍

6R 梁美琪、6G 鄭少琪、6R 李穎琛、5B 林穎彤、4B 盧安喬、
4B 黃詠兒、3B 鄺迪妍、3B 黃靖琦、3W 廖哲嘉、3W 湯建蘋、
2B 黃尹琳、2W 彭若琳、1G 魯楚琪、1W 成思穎

2015全港校際閃避球錦標賽

中學女子組盃賽殿軍

6R 梁美琪、6G 鄭少琪、6R 李穎琛、5B 林穎彤、5G 崔倩彤、
4B 盧安喬、4B 黃詠兒、2B 黃尹琳、2G 陳詠穎、2W 彭若琳、2W 王思靈、1B 譚斯元



2014-15全港學界閃避球分區挑戰賽



2014年度全港彈網公開錦標賽
男子公開組冠軍 5W 文日羲

All Stars 全港十大女子閃避球員

4B 盧安喬

2014年度全港彈網公開錦標賽

男子公開組冠軍 5W 文日羲
男子公開組團體季軍 5W 文日羲

2013/14 Young Athletes Fencing Training Scheme Competition

Ladies Foil 1st runner-up 3B Cecilia Kwong



Creative Visual Arts Work (2014/15)
Gold Prize 6R Jacky Wong



The 10th Inter-school Invitational
Scrabble Tournament (2015)
2W Ma Tsz Chun, Calvin (Front)



Junior Achievement Company
Programme 2014-15

Creative Visual Arts Work (2014/15) organized by the Arts Education Section of the Education Bureau

Gold Prize 6R Jacky Wong

第五十一屆學校舞蹈節

(由香港學界舞蹈協會有限公司及教育局聯合主辦)
單人舞甲級獎 6R 戴紫珺

Inter-school E&M Safety Quiz organised by the Electrical and Mechanical Services Department, HKSAR Government

3rd runner-up

2R Fung Kin Chung, 2R Tsang Hin Yat, 2R Tsui Ho Ki,
2W Li Kin Wai Calvin

Junior Achievement Company Programme 2014-15

- ◆ **Company Awards**
Best Product / Service (Merit)
Best Creativity and Innovation (Merit)
Corporate Social Responsibility
- ◆ **Individual Awards**
One of the four finalists of the Best Executive Officer (CEO)
5G Choi Lai Wa
Best Information and Technology (IT) Director
5G Mak Sui Kan
Most Valuable Player
5B Lee Lok

HKSSPA WESPA-UWA 10th World Youth Scrabble Championship Hong Kong Qualifier

2W Calvin Ma – Selected to represent Hong Kong at the WESPA-UWA 10th World Youth Scrabble Championship to be held in Perth, Australia in Oct-Nov 2015

Ho Lap College Invitational Scrabble Championship 2015

Junior Secondary Category 1st runner-up

5G Yongmanwong Chaimongklun, 5G Herbert Ma, 5B Horace Wai, 3R Thomas Li, 2W Calvin Ma, 1W Brian Po
Individual Rank 2nd Place
2W Calvin Ma

S.T.F.A. Leung Kau Kui College – The 10th Inter-school Invitational Scrabble Tournament (2015)

2W Ma Tsz Chun, Calvin, 1R Yu Hei Man, 1R Wong Wing Yan Esther, 1W Po Chun Wo

S1 Admission Information 中一學位資料

中一學位資料 (2016-2017)

	學額	備註 / 參考資料
中一學額總數 (A+B+C)	128	共四班，四班均以英語為主要教學語言。
預設留級學額 (A)	8	沒有使用之留級學額，可於派位結果公布後，由本校自行分配。 (有關候補生的申請手續，請於派位結果公布前，參閱本校網頁。)
供自行分配之學額 (B)	38	/
供統一派位之學額 (C)	82	/
自行及統一派位之總學額 (B+C)	120	/

There are 38 discretionary places offered in 2016-2017.

Selection is based on the following criteria:

- ① Ranking in the Rank Order List provided by EDB (50%)
 - ② Non-academic performance (20%)
 - ③ Interview performance (20%)
 - ④ Subscription to the College's mission (10%)
- (Please see our web site for details .)

All applicants will be invited to attend interviews in February, in which they have to demonstrate their language abilities in English and Chinese, as well as their awareness and analysis of issues around them.

To assist students in getting used to their future learning in the school, a series of bridging courses will be arranged in the summer holidays. There are also other whole-year programs to help students adapt to secondary school life.

本校於2016至2017年度提供自行分配學位共38個，收生準則如下：

- ① 教育局提供的次第名單 (50%)
 - ② 非學術表現 (例：操行、特殊才能及服務) (20%)
 - ③ 面試表現 (20%)
 - ④ 對本校辦學理念之認同 (10%)
- (請參閱本校網頁)

所有申請者將於二月獲邀面試，申請者需展示其中英語水平，以及對周遭事物的認識和思考能力。

除了暑期銜接課程外，本校亦會舉辦一連串活動，幫助中一生適應中學生活。



